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MUSICBOX
TEYA DORA

Besplatno 

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Uvodnik

Razigrani ples šala Prvog aprila

Prvi april, smešan i zabavan dan u kalendaru, poziva nas u svet šale gde se istina iskričljuje, a laži se pozdravljaju. To je dan kada obične stvari postaju čarobne, a svakodnevni život poprimi smešan obrt. U ovoj zabavnoj igri prevare, laži oblače svoju najšareniju odeću, spremne da zabave i zbune.

Prvi april - prilika za zabavu

U središtu Prvog aprila je veština šaljivdžija, naoružana sitnim prevarama i nestašlukom. Kao vešti mađioničari, oni stvaraju složene priče koje su skoro uverljive, ostavljajući nas da se smejemo dok ih slušamo. Od jastučića za iznenađenje do lažnih huba, od kolača punjenih pastom za zube do šolja sa skrivenim rupama, nema granica za vrste šala koje ljudi smišljaju.

Ali šta čini šalu tako privlačnim na ovaj poseban dan? Možda je to uzbuđenje zbog kršenja pravila, okretanja stvarnosti naglavačke samo na trenutak. U svetu gde često sledimo stroga pravila, Prvi april nam pruža priliku da se zabavimo, da uživamo u šašavosti svega toga.

Prvi april - prilika da prihvatimo svoje greške

Ipak, dok uživamo u našim šalama, moramo biti oprezni da ne povredimo druge. Prvi april predstavlja širenje radosti i smeha, a ne nanošenje štete. Dobra šala donosi osmehe, ne suze.

Osim toga, Prvi april nas podseća da ne treba previše ozbiljno da shvatamo sebe. U svetu gde uvek pokušavamo da budemo savršeni, reći malu laž može biti oslobađajuće. To je prilika da prihvatimo svoje greške, da uživamo u zabavi zato što smo ljudska bića.

Dakle, hajde da prigrlimo razigrani duh Prvog aprila. Budimo kreativni sa našim šalama, zamagljujući granicu između istine i fikcije. Jer u smeđu koji sledi, pronalazimo prijateljstvo, sreću i radost deljenja šašavosti.

Prvi april - smejmo se, igrajmo se i uživajmo

Na kraju, možda je najbolja šala od svih podsećanje da čak i najubedljivije laži su samo privremeni trikovi, koji nestaju u svetlosti istine. Dakle, smejmo se, igrajmo se i uživajmo u smešnom plesu laži na Prvi april.

Do našeg sledećeg susreta, ostanite zdravi!

Leonora

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Editorial

The playful dance of lies on April Fools' Day

April Fools' Day, a funny and tricky day on the calendar, invites us to a world of jokes where truths are twisted and lies are cheered. It's a day when ordinary things become magical, and regular life takes a funny turn. In this amusing game of trickery, lies put on their brightest clothes, ready to entertain and confuse.

April Fools' Day - a chance to have fun

At the center of April Fools' Day is the art of the prankster, armed with cleverness and mischief. Like skilled magicians, they create elaborate stories that are almost believable, leaving us laughing in their path. From surprise cushions to fake bugs, from cookies filled with toothpaste to cups with hidden holes, there's no limit to the kinds of pranks people come up with.

But what makes lies so attractive on this special day? Maybe it's the excitement of breaking the rules, turning reality upside down just for a moment. In a world where we often follow strict rules, April Fools' Day gives us a chance to have fun, to enjoy the silliness of it all.

April Fools' Day - a chance to embrace our mistakes

Yet, while we enjoy our playful lies, we must be careful not to hurt others. April Fools' is about spreading joy and laughter, not causing harm. A good prank brings smiles, not tears.

Besides, April Fools' reminds us not to take ourselves too seriously. In a world where we're always trying to be perfect, telling a little lie can be freeing. It's a chance to embrace our mistakes, to enjoy the fun of being human.

So, let's embrace the playful spirit of the April Fools' Day. Let's get creative with our jokes, blurring the line between truth and fiction. Because in the laughter that follows, we find friendship, happiness, and the joy of shared silliness.

April Fools' Day - let's laugh, let's play, and let's enjoy

Ultimately, perhaps the best joke of all is the reminder that even the most convincing lies are just temporary tricks, fading away in the light of truth. So, let's laugh, let's play, and let's enjoy the funny dance of lies on April Fools' Day.

Until our next meeting stay healthy!

Leonora

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MLADI PIJANISTA DANIJEL EMINOVIĆ

TALENAT, RAD I LJUBAV PREMA MUZICI



Danijel Eminović, talentovani mladi pijanista iz Lapljeg Sela, iako tek na pragu svojih petnaest godina, već se ističe kao zvezda u usponu na muzičkoj sceni. Učenik je treće godine Muzičke škole „Stevan Mokranjac“. Danijel je spojio neodoljivu ljubav prema muzici sa žarom za radom i istrajnošću.

Od malih nogu do muzičkih visina

Muzika prožima svakodnevni život čoveka. Uz nju slavimo, radujemo se, plačemo i tugujemo. Neodvojivi je element kulture i nekulture jednog naroda. Ona oplemenjuje, ali može i da mobilise najniže ljudske strasti. Ljudi se prepoznaju i povezuju preko muzike i sklapaju prijateljstva.

Sa samo devet godina, Danijel je kročio u svet muzike podstaknut očevim predlogom. No, od tog trenutka, klavir nije bio samo instrument, već strast koja traje. Iako je klasična muzika njegova ljubav, Danijel ne beži od istraživanja drugih žanrova poput narodne muzike i džeza. Pored napornih školskih obaveza, uspeva da pronađe vreme za vežbanje klavira, smatrajući to svojom svakodnevnom rutinom.

„Klavir sam zavoleo kada sam ga prvi put ugledao u muzičkoj školi, kada sam došao da se upišem. Klavir mi se tada odmah svideo i hteo sam da se tim bavim. U sviranju provedem dosta vremena, odem u školu, vratim se i odmah sedam za klavir. Ukoliko nađem slobodnog vremena, odigram ponekad malo fudbala ali prioritet mi je muzika i klavir“, kaže Danijel.

Put do uspeha

Danijel je već ostvario impresivne uspehe na brojnim međunarodnim i republičkim takmičenjima, osvajajući značajne nagrade uz podršku svog profesora klavira, Nemanje Đorđevića. Na nedavnom srednjoškolskom takmičenju mladih pijanista u Muzičkoj školi Vatroslav Lisinski u Beogradu osvojio je I nagradu (98 bodova). Posebno mesto u njegovom srcu zauzima i nagrada sa Festivala u Sremskoj Mitrovici, gde je takođe osvojio prvu nagradu sa 98 poena, izvodeći delo „Bumbarov let“ i „Betovenove sonate“. Prvo takmičenje na kom je ovaj mladi umetnik nastupio bilo je u Smederevskoj Palanci, u pitanju je bilo Međunarodno takmičenje, gde je Danijel proglašen za apsolutnog pobednika.

„Imam velike planove za budućnost, želim da upišem srednju muzičku, zatim fakultet, da nastavim da radim u muzici. Muzika je moj život,“ kratko dodaje Danijel.

Nemanja Đorđević, Danijelov profesor klavira, opisuje ga kao

marljivog i talentovanog učenika, čija predanost i rad dovode do zapaženih rezultata na takmičenjima. „Danijel na najbolji mogući način predstavlja našu školu na svim takmičenjima. Talenat jeste neosporan, ali





pored talenta, vi morate mnogo da radite“, navodi profesor. Pored zavidnih rezultata u muzičkoj školi, Danijel niže najviše ocene i na redovnoj nastavi pa njegovim predavačima ne smeta što predavanja često ne prati kao većina njegovih drugova.

Muzika kao budućnost

Sa podrškom profesora, porodice i svoje neumorne strasti, Danijel Eminović nastavlja da osvaja muzičke visine. Njegova ljubav prema klaviru i muzici ne samo da ga usmerava ka uspehu, već i inspiriše sve oko sebe. Svi putevi vode ka zvezdama, a Danijelov put definitivno obećava svetlu budućnost na muzičkoj sceni.

Danijel Eminović kaže da mu je trenutno jedina želja da upiše Muzičku akademiju.

„Ja se nadam da ću dobiti pozivnice za Danijelove koncerte na Kolarcu, a možda čak i u inostranstvu. U svakom slučaju ako nastavi ovim tempom ja sam siguran da ćemo mi nastaviti da se ponosimo, a sasvim sam siguran da ćemo se ponostiti Danijelom“, zaključuje Danijelov profesor klavira Nemanja Djordjević.

Muzička škola „Stevan Mokranjac“ nalazi se u Lapljem Selu. Osnovna škola broji 133 učenika, dok srednja broji oko tridesetoro daka.

THE YOUNG PIANIST DANIJEL EMINOVIC TALENT, WORK AND LOVE FOR MUSIC

Danijel Eminovic, a talented young pianist from Laplje Selo, who is only fifteen years old, is already a rising star in the musical sky. He is in his third year at the "Stevan Mokranjac" music school. Danijel combines an irresistible love for music with hard work and perseverance.

From childhood to musical heights

Music permeates people's daily lives. We celebrate, rejoice, weep and mourn with it. It is an inseparable part of a nation's culture and non-culture. It ennobles, but it can also mobilise the basest human passions. People recognise and connect through music and form friendships. At the age of just nine, Danijel took up music on the advice of his father. Nevertheless, from that moment on, the piano was not just an instrument, but also a constant passion. Although his love is for classical music, Daniel does not shy away from exploring other genres such as folk music and jazz. Alongside his extensive schoolwork, he finds time to practise the piano and considers this his daily routine. "I fell in love with the piano when I saw it for the first time at the music school when I wanted to enrol there." I immediately liked playing the piano and wanted to do it. I spend a lot of time playing, I go to school, come back and sit down at the piano straight away. If I have time, I sometimes play a bit of football, but my priority is music and the piano," said Danijel.

The path to success

Danijel has already achieved impressive success in numerous international and national competitions and won important prizes with the support of his piano teacher Nemanja Djordjevic. He won first prize (98 points) at the most recent university competition for young pianists at the Vatroslav Lisinski Music School in Belgrade. A special place in his heart is also the award from the festival in Sremska Mitrovica, where he won first prize with the work "Flight of the Bumblebee" and the "Beethoven Sonata" with 98 points. The first competition in which the young artist performed was in Smederevska Palanka, an international competition in which Daniel

was declared the absolute winner.

"I have big plans for the future, I want to attend a music high school and then go to university to continue working in music." Music is my life," Danijel adds briefly. Nemanja Djordjević, Danijel's piano teacher, describes him as a diligent and talented student whose commitment and hard work leads to remarkable results in competitions.

"Danijel represents our school in all competitions in the best possible way." Talent is undeniable, but alongside talent you also have to work hard," says Djordjevic.

In addition to the enviable results at the music school, Danijel also achieves the best grades in regular lessons, so his teachers don't mind that he often doesn't follow the lectures like most of his classmates.

Music as the future

With the support of professors, his family and his tireless passion, Danijel Eminovic continues to conquer musical heights. His love for the piano and music not only drives him to success, but also inspires everyone around him. All roads lead to the stars, and Danijel's path definitely promises a bright future in the music scene.

Danijel Eminovic says that his only wish now is to be admitted to the Music Academy.

"I hope to get invitations to Danijel's concerts in Kolarac and maybe even abroad." If he continues at this pace, I am sure that we will continue to be proud of Danijel," concludes Danijel's piano teacher Nemanja Djordjevic.

The "Stevan Mokranjac" music school is located in Laplje Selo. The primary school has 133 students, while the secondary school has about thirty students.

“BUDUĆNOST JE U NAŠIM RUKAMA”



Obeležavajući Međunarodni dan žena, Regionalna komanda KFOR-a Zapad, Regionalni centar OEBS-a u Peći i Univerzitet u Peći organizovali su inspirativnu rodnu konferenciju. Ovaj događaj je istraživao temu „Budućnost je u našim rukama“ u skladu sa ciljevima održivog razvoja Ujedinjenih nacija, okupljajući predstavnike nevladinih organizacija koje promovišu prava žena, studente i opštinske vlasti iz zapadnog regiona Kosova.

Prevazilaženje stereotipa

Tokom konferencije, govornici su naglasili važnost prevazilaženja stereotipa i promovisanja rodne ravnopravnosti. Poručnica Alesandra Adamo (Alessandra Adamo) je istakla da je pristup rodnoj ravnopravnosti odlučujući za uspeh vojnih operacija. Ovaj pristup osigurava inkluzivnost, efikasnost i efektivnost tako što ima koristi od različitih perspektiva, neguje razumevanje unutar zajednica i povećava uticaj misije. Mrika Nikći (Mrika Nikqi), prva Albanka i najmlađa žena koja se popela na sedam vrhova, zatim je uzela reč i založila se za jednake mogućnosti u sportu kako bi se srušile društvene barijere. Njihove poruke su istakle pozitivan potencijal promovisanja jednakosti u svim sektorima društva.

Razbijanje kruga nasilja

Još jedna značajna tema koja se pojavila na konferenciji bila je potreba za osnaživanjem žena i prekidom kruga nasilja. G-đa Silvija Rašković i gospođa Adelina Pačarizi (Adelina Paqarizi) razgovarale su o ovom pitanju, naglašavajući hitnu potrebu za društvenim promenama. Gospođa Rašković je govorila o sistemskoj prirodi rodne diskriminacije, naglašavajući njene skrivene manifestacije i fuziju sa drugim oblicima ugnjetavanja. Takođe je navela značaj obrazovanja, odgovornosti poslodavaca i kolektivnog

delovanja u borbi protiv diskriminacije i promovisanju ravnopravnosti. U međuvremenu, gospođa Pačarizi je podelila duboko ličnu priču o svom iskustvu sa nasiljem u porodici, pozivajući žene da prekinu krug zlostavljanja otvoreno govoreći i tražeći podršku. Njena poruka je promovisala samozastupanje i solidarnost među ženama.

Kolektivna akcija za pravedniju budućnost

Konferencija je završena pozivom na akciju za kolektivne napore za stvaranje pravednije budućnosti. Gospođa Have Lajči (Have Lajqi), koja je predstavljala OEBS, istakla je posvećenost organizacije promovisanju rodne

ravnopravnosti kroz inicijative politike i javnog zastupanja. Ona je naglasila važnost kolektivne akcije i saradnje za rešavanje rodnih razlika i stvaranje inkluzivnijeg društva. U svojoj završnoj reči, prorektorica Alma Šehu Lokaj (Alma Shehu Lokaj) je ponovila važnost kontinuiranog zagovaranja i delovanja u potrazi za rodnom ravnopravnošću, naglašavajući da je budućnost zaista u našim rukama. Njihove poruke su nas podsetile na kolektivnu odgovornost da radimo ka budućnosti u kojoj svi, bez obzira na pol, imaju jednake mogućnosti da napreduju.

Poziv na akciju za rodnu ravnopravnost

Pukovnik Frančesko Ferara (Francesco Ferrara), komandant Regionalne





komande Zapad, rezimirao je suštinu konferencije naglašavajući centralnu ulogu rodne ravnopravnosti u okviru šire inicijative koja ima za cilj podsticanje društveno-ekonomskog razvoja, zaštite životne sredine, mehanizama protiv diskriminacije, vladavine prava i javne bezbednosti na Kosovu. Priznajući složenost zadatka koji je pred nama, pukovnik Ferara je istakao potrebu da promislimo o prošlim dostignućima i budućim izazovima. Pozvao je na obnovljenu posvećenost podršci i osnaživanju žena, pozivajući na svet bez straha, predrasuda i ograničenja. Njegove reči odražavaju zajedničku odlučnost učesnika konferencije da sarađuju i donesu konkretne promene koje bi utrle put inkluzivnijem i pravednijem društvu.

Konferencija na Univerzitetu u Peći pružila je vredan uvid u složenost rodne ravnopravnosti i važnost kolektivne akcije u rešavanju rodnih različitosti. I dok razmišljamo o porukama koje smo podelili i obavezama preuzetim tokom konferencije, ostanimo posvećeni našoj potrazi za rodnom ravnopravnošću. Budućnost je zaista u našim rukama i zajedno imamo moć da oblikujemo svet u kome svi imaju jednake mogućnosti da napreduju.



“THE FUTURE IS IN OUR HANDS”

Marking the International Women’s Day, KFOR Regional Command West, OSCE Regional Centre in Peja/Pec and the University of Peja/Pec organized an inspiring gender conference. This event explored the theme “The Future is in Our Hands” in line with the United Nations Sustainable Development Goals, bringing together representatives from NGOs that promote women’s rights, students, and municipal authorities from Kosovo’s western region.

Challenging stereotypes

Throughout the conference, speakers stressed the importance of challenging stereotypes and promoting gender equality. Lieutenant Alessandra Adamo highlighted that the gender equality approach is decisive for the success of military operations. This approach ensures inclusivity, efficiency, and effectiveness by benefiting from diverse perspectives, nurturing understanding within communities, and enhancing mission impact. Ms. Mrika Nikqi, the first Albanian and youngest woman to climb the Seven Summits, then took the floor and advocated for equal opportunities in sports to bring down social barriers. Their messages highlighted the positive potential of promoting equality across society’s sectors.

Breaking the cycle of violence

Another significant theme that emerged from the conference was the need to empower women and break the cycle of violence. Ms. Silvia Raskovic and Ms. Adelina Paqarizi discussed this issue, stressing the urgent need for societal change. Ms. Raskovic spoke about the systemic nature of gender discrimination, emphasizing its hidden manifestations and fusion with other forms of oppression. She also mentioned the importance of education, employer responsibility, and collective action in fighting discrimination and promoting equality. Meanwhile, Ms. Paqarizi shared a deeply personal story of her experience with domestic violence, urging women to break the cycle of abuse by speaking out and seeking support. Her message promoted self-advocacy and solidarity among women.

Collective action for a more equitable future

The conference concluded with a call to action for collective efforts to create a more equitable future. Ms. Have Lajqi, representing OSCE, outlined the organization’s commitment to promoting gender equality through policy and advocacy initiatives. She emphasized the importance of collective

action and collaboration to address gender disparities and create a more inclusive society. In her closing remarks, Prorektor Alma Shehu Lokaj restated the importance of continued advocacy and action in the pursuit of gender equality, emphasizing that the future is indeed in our hands. Their messages reminded us of the collective responsibility to work towards a future where everyone, regardless of gender, has equal opportunities to thrive.

Call to action for gender equality

Colonel Francesco Ferrara, Commander of Regional Command West, summarized the essence of the conference by emphasizing the central role of gender equality within a broader initiative aimed at fostering socio-economic development, environmental protection, antidiscrimination mechanisms, rule of law, and public safety in Kosovo. Acknowledging the complexity of the task ahead, Colonel Ferrara highlighted the need for reflection on past achievements and future challenges. He called for a renewed commitment to support and empower women, envisioning a world free from fear, prejudice, and limitations. His words reflected the shared determination of the conference attendees to collaborate and enact concrete changes that would pave the way for a more inclusive and equitable society.

The conference at the University of Peja/Pec provided valuable insights into the complexities of gender equality and the importance of collective action in addressing gender disparities. As we reflect on the messages shared and commitments made during the conference, let us remain dedicated in our pursuit of gender equality. The future is indeed in our hands, and together, we have the power to shape a world where everyone has equal opportunities to thrive.

KUL I OBASJAVAJUĆI SVET NAOČARA ZA SUNCE

Da, naočare za sunce - ti elegantni, misteriozni modni dodaci koji bez napora naglašavaju svaki izgled dok štite naše oči od nemilosrdnog sjaja sunca. One predstavljaju više od modnih trendova; one su praktična naprava za zaštitu naših dragocjenih očiju od štetnih UV zraka. Ali koliko zapravo znamo o ovim kul i enigmatičnim naočarima? Hajde da se zaputimo u svet naočara za sunce, gde se moda sreće sa naukom u očaravajućem spektaklu stila i funkcionalnosti.



za sunce kao bitne elemente ličnog stila, s rok zvezdama i slavnim ličnostima koje su se bezbrižno razmetale smelim, prevelikim okvirima.

Nauka iza naočara za sunce

Ali naočare za sunce nisu samo modni dodaci - one su takođe vitalni alati za zdravlje očiju. Izloženost ultravioletnom (UV) zračenju izazvanom suncem može dovesti do raznih problema sa očima, uključujući kataraktu, degeneraciju makule, pa čak i privremeno slepilo. Tu na scenu stupaju naočare za sunce da spase situaciju.

Kvalitetne naočare za sunce opremljene su sočivima koja blokiraju UV zrake i štite vaše oči od štetnih sunčevih

zraka. Ta sočiva dolaze u različitim kategorijama, od UV400 do polarizovanih, pri čemu svaka nudi različite nivoe zaštite i jasnoće. Na primer, polarizovana sočiva ne samo da blokiraju

UV zrake već i smanjuju odsjaj sa reflektirajućih površina poput vode i snega, čineći ih idealnim za aktivnosti na otvorenom.

Pronalaženje vašeg savršenog para naočara

Naravno, naočare za sunce ne služe samo za zaštitu - one su takođe stilski dodatak. Sa obilnim izborom oblika, boja i dizajna koje možete odabrati, pronalaženje savršenog para može biti kao uzbuđljiva potraga za blagom. Od klasičnih pilotskih do modernih okvira sa mačjim okom, postoji stil koji odgovara svakom obliku lica i ličnosti.

Ali zapamtite, nije sve u izgledu - važna je i pravilna veličina. Naočare za sunce koje vam ne stoje dobro ne samo da mogu biti neudobne već i ne uspevaju da pruže adekvatnu zaštitu od UV zraka. Pri kupovini naočara za sunce obratite pažnju na faktore poput veličine okvira, širine mosta i dužinu slepoočnice kako biste osigurali čvrsto i sigurno prijanjanje.

Budućnost je tako svetla

Dok gledamo u budućnost, naočare za sunce nastavljaju da se razvijaju, spajajući modu sa najsavremenijom tehnologijom kako bi stvorile inovativne dizajne koji su i stilski i funkcionalni.

Kratka istorija kul naočara

Istorija naočara za sunce je jednako fascinantna kao same naočare. Dok koncept zaštite očiju od sunca datira još iz drevnih civilizacija, moderne naočare za sunce kakve danas poznajemo pojavile su se u 20. veku. Tokom 1930-ih, filmske zvezde poput Grete Garbo i Marlen Dietrich popularizovale su naočare za sunce kao glamurozne modne dodatke, gurajući ih u oblast neophodnih predmeta za stilsku elitu.

Pređimo brzo u 1950-e i 60-e, i naočare za sunce su postale sinonim za bunt i biti kul, zahvaljujući ikonama, poput Džejsa Dina i Odri Hepbern koje su ih nosile u klasičnim filmovima. Uspon popularne kulture i muzičke scene u 70-ima i 80-ima dodatno su učvrstili naočare



THE COOL AND ENLIGHTENING WORLD OF SUNGLASSES



Od pametnih naočara sa ugrađenim kamerama i mogućnostima proširene stvarnosti do ekološki prihvatljivih ramova napravljenih od održivih materijala, mogućnosti su beskonačne.

Ali usred svih napredaka i trendova, jedna stvar ostaje konstantna - vremenska privlačnost naočara za sunce. Bez obzira da li se odmarate na plaži, vozite se ili jednostavno šetate gradskim ulicama, stilski par naočara je vrhunski dodatak za umetanje kul dodira u bilo koju kombinaciju.



Dakle, sledeći put kada stavite svoj omiljeni par naočara za sunce, zastanite na trenutak da uživate u savršenom spoju stila i nauke koji počiva na vašem nosu. Na kraju, u zamućenoj industriji naočara za sunce, uvek postoji više nego što se vidi na prvi pogled.

Ah, sunglasses – those sleek, mysterious accessories that effortlessly elevate any look while shielding our eyes from the sun's relentless glare. They're more than just fashion statements; they're practical tools for protecting our precious peepers from harmful UV rays. But how much do we really know about these cool and enigmatic shades? Let's take a journey into the shady world of sunglasses, where fashion meets science in a delightful spectacle of style and functionality.

A brief history of cool sunglasses

The history of sunglasses is as fascinating as the shades themselves. While the concept of eye protection from the sun dates back to ancient civilizations, modern sunglasses as we know them today emerged in the 20th century. In the 1930s, movie stars like Greta Garbo and Marlene Dietrich popularized sunglasses as glamorous fashion accessories, propelling them into the realm of must-have items for the stylish elite.

Fast forward to the 1950s and 60s, and sunglasses became synonymous with rebellion and coolness, thanks to iconic figures like James Dean and Audrey Hepburn sporting them in classic films. The rise of pop culture and the music scene in the 70s and 80s further cemented sunglasses as essential elements of personal style, with rock stars and celebrities flaunting bold, oversized frames with reckless abandon.

The science behind the shades

But sunglasses are more than just fashion accessories – they're also vital tools for eye health. Exposure to ultraviolet (UV) radiation from the sun can lead to various eye problems, including cataracts, macular degeneration, and even temporary blindness. That's where sunglasses swoop in to save the day.

Quality sunglasses are equipped with UV-blocking lenses that shield your eyes from harmful rays. These lenses come in different categories, ranging from UV400 to polarized, each offering varying degrees of protection and clarity. Polarized lenses, for example, not only block UV rays but also reduce glare from reflective surfaces like water and snow, making them ideal for outdoor activities.

Finding your perfect pair

Of course, sunglasses aren't just about protection – they're also about style.

With a dizzying array of shapes, colors, and designs to choose from, finding the perfect pair can feel like embarking on a thrilling treasure hunt. From classic aviators to trendy cat-eye frames, there's a style to suit every face shape and personality.

But remember, it's not just about looks – fit matters too. Ill-fitting sunglasses can not only be uncomfortable but also fail to provide adequate protection from UV rays. When shopping for sunglasses, pay attention to factors like frame size, bridge width, and temple length to ensure a snug and secure fit.

The future is so bright

As we look to the future, sunglasses continue to evolve, blending fashion with cutting-edge technology to create innovative designs that are both stylish and functional. From smart glasses with built-in cameras and augmented reality capabilities to eco-friendly frames made from sustainable materials, the possibilities are endless.

But amidst all the advancements and trends, one thing remains constant – the timeless appeal of sunglasses. Whether you're lounging on a beach, cruising down the highway, or simply strolling through the city streets, a stylish pair of shades is the ultimate accessory for adding a touch of cool to any ensemble.

So, the next time you slip on your favorite pair of sunglasses, take a moment to appreciate the perfect fusion of style and science that rests upon your nose. After all, in the shady business of sunglasses, there's always more than meets the eye.



MUSICBOX

TEYA DORA

BORANKA KOJA OSVAJA SVET SVOJOM MUZIKOM

Mlada umetnica Teodora Pavlovska, poznatija kao Teya Dora, svojim izvanrednim muzičkim talentom osvaja srca publike širom sveta. Rođena 1992. godine u Boru, ona je pobednica prestižnog festivala "Pesma za Evroviziju" i predstavlja Srbiju na ovogodišnjem takmičenju "Pesma Evrovizije" u Malmeu, Švedska.

Jedan od njenih najpoznatijih singlova, "Džanum", koji je stvorila za televizijsku seriju "Južni vetar: Na granici", postigao je ogromnu popularnost na raznim muzičkim platformama širom sveta, postajući viralan i na društvenoj mreži TikTok. Sa preko tri miliona slušalaca na platformi Spotify, Teya Dora je postala prva izvođač iz Srbije koja je postigla ovakav impresivan uspeh.

Obrazovanje, Berkli i karijera

Teya Dora je mnogo više od samo pevačice - ona je pijanistkinja, kompozitorica, tekstopisac i muzički producent. Odrasla je uz roditelje koji su se amaterski bavili muzikom. Već u

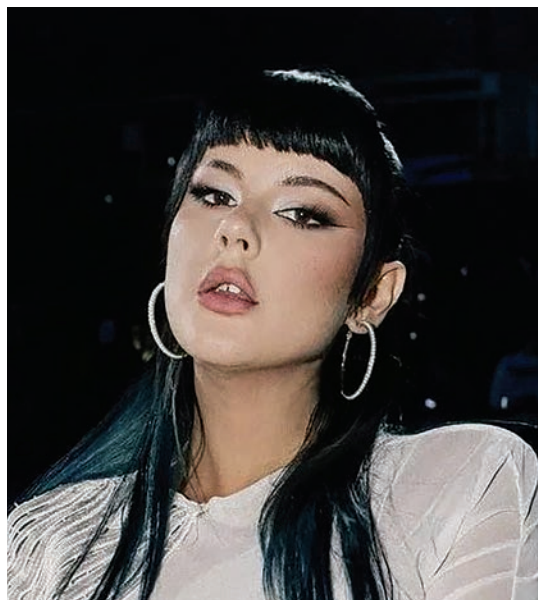


petoj godini, pre nego što je naučila da piše, molila je roditelje da je upišu u muzičku školu kako bi svirala klavir. Paralelno sa srednjom školom u Beogradu, pohađala je Muzičku školu "Dr Vojislav Vučković" na odelu za klavir. Na čuvenom Muzičkom koledžu Berkli u Bostonu, studirala je pevanje i pevala prateće vokale za američke umetnike poput dobitnika Gremi nagrada kao što su Peti Ostin, Sidah Geret, Džeri Alen i Valeri Simpson. Nakon završetka studija, boravila je u Njujorku gde je pisala pesme na engleskom jeziku u jednoj produkcijskoj kući, doživljavajući to iskustvo kao fenomenalno.

Teya Dora se 2018. godine vratila u Srbiju i započela karijeru na domaćoj muzičkoj sceni kao tekstopisac i kompozitorica. Napisala je naslovnu numeru za album Nikolije 2019. godine, "Yin & Yang", a saradivala je i sa drugim poznatim izvođačima kao što su Teodora Džehverović, Nataša Bekvalac i Zoi. Iste godine objavila je i svoj prvi solistički singl, "Da na meni je". Godinu dana kasnije, počela je stvarati i pevati pod svojim umetničkim imenom za lejbl Basiviti. Do 2023. njena karijera je išla ulaznom putanje, a nakon singl "Džanum", ovaj raskošni vokal upoznaje i šira publika.

Pesma "Ramonda" - simbol hrabrosti i istrajnosti

Već sa izgrađenom karijerom, Teya Dora se ove godine prijavila za "Pesmu Evrovizije" sa numerom "Ramonda". Inspiracija za tekst pesme pronađena je u endemskoj biljci centralnog Balkana, Srpskoj Ramondi, koju je 1874. otkrio i opisao Josif Pančić. Za Teyu Doru, ovaj cvet predstavlja simbol borbe i istrajnosti. „Ja bih volela da sam kao Ramonda, koja se poput feniksa uzdiže iz najgorih mogućih uslova. Jedna kap vode joj je dovoljna i samo mali tračak nade da krene putem koji je vodi do njene prvobitne lepote i snage. Želim da ljudi sami protumače tekst, baš kao





TEYA DORA

BORN IN BOR, CONQUERED THE WORLD WITH HER MUSIC

The young artist Teodora Pavlovska, better known as Teya Dora, is winning the hearts of audiences all over the world with her extraordinary musical talent. Born in 1992 in Bor, she is the winner of the prestigious "Song for Eurovision" festival and represents Serbia at this year's "Eurovision Song" competition in Malmo, Sweden.

što su to dosad radili sa mojim prošlim pesmama, tj. da kroz metaforu koju sam im dala svako može da vidi svoj neki put. Put hrabrih koji se bore do poslednjeg trenutka, čak i kada deluje da nema nade oni neće odustati," kaže ova mlada umetnica o pesmi.

Njena pesma "Ramonda" osvojila je publiku i stručni žiri osvojivši 12 poena stručnog žirija i 10 poena publike. Teya Dora je radila na ovoj pesmi sa producentima Lukom Jovanovićem (poznatim kao Luxonee) i Andrijanom Kadovićem Ajzijem.

Nagrade, festivali i ponosna na Bor
Teya Dora je dobitnica dijamantske ploče u Turskoj, platinaste u Indiji i niza zlatnih u Evropi. Učestvovala je na raznim festivalima, uključujući "Music Week", "Arsenal fest" u Kragujevcu i "Egzit" u Novom Sadu. Osim po muzičkim dostignućima, Teya Dora je poznata po ponosnom isticanju svog porekla iz Bora i istočne Srbije. Nadamo se da će njena muzika i uspeh doprineti promociji ove regije širom sveta.

Kroz svoj izuzetan talenat i posvećen rad, Teya Dora predstavlja primer mlade umetnice koja svojom muzikom osvaja svet.

One of her most famous singles, "Džanum", which she created for the television series "South Wind: On the Border", achieved huge popularity on various music platforms around the world, going viral on the social network TikTok as well. With over three million listeners on the Spotify platform, Teya Dora became the first performer from Serbia to achieve such an impressive success.

Education, Berklee, and Career

Teya Dora is much more than just a singer - she is a pianist, composer, songwriter and music producer. She grew up with parents who were amateur musicians. Already at the age of five, before she learned to write, she begged her parents to enrol her in a music school so that she could play the piano. In parallel with high school in Belgrade, she attended the Music School "Dr. Vojislav Vučković" in the piano department. At the famous Berklee College of Music in Boston, she studied singing and sang backing vocals for American artists such as Grammy Award winners Patti Austin, Siedah Garrett, Jerry Allen and Valerie Simpson. After finishing her studies, she stayed in New York where she wrote songs in English at one production company, finding the experience phenomenal.

Teya Dora returned to Serbia in 2018 and started her career on the domestic music scene as a songwriter and composer. She wrote the title track for Nikolija's album in 2019, "Yin & Yang", and collaborated with other famous artists such as Teodora Dzehverovic, Natasa Bekvalac and Zoi. In the same year, she released her first solo single, "Da na meni je" (Yes, it is up to me). A year later, she started creating and singing under her stage name for the Bassivity label. Until 2023, her career was on the inbound path, and after the single "Džanum", this gorgeous vocal became known to a wider audience.

The song "Ramonda" - symbol of courage and perseverance

Already with an established career, Teya Dora applied for the "Eurovision Song Contest" this year with the track "Ramonda". The inspiration for the lyrics of the song was found in the

endemic plant of the central Balkans, Serbian Ramonda, discovered and described by Josif Pancic in 1874. For Teya Dora, this flower is a symbol of struggle and perseverance. "I would like to be like Ramonda, who rises like a phoenix from the worst possible conditions. One drop of water is enough for her and just a small glimmer of hope to start the path that leads her to her original beauty and strength. I want people to interpret the lyrics for themselves, just as they did with my past songs, i.e. through the metaphor I give them, everyone can see their own path. The path of the brave who fight until the last moment, even when it seems that there is no hope, they will not give up," this young artist about the song.

Her song "Ramonda" won over the audience and the expert jury, winning 12 points from the expert jury and 10 points from the audience. Teya Dora worked on this song with producers Luka Jovanovic (known as Luxonee) and Andrijan Kadovic Ajzi.

Awards, festivals and pride in Bor
Teya Dora has won a diamond record in Türkiye, a platinum record in India and a number of gold records in Europe. She participated in various festivals, including "Music Week", "Arsenal Fest" in Kragujevac and "Exit" in Novi Sad. Apart from her musical achievements, Teya Dora is known for proudly emphasizing her origin from Bor and eastern Serbia. We hope that her music and success will contribute to the promotion of this region around the world.

Through her exceptional talent and dedicated work, Teya Dora is an example of a young artist who conquers the world with her music.

DAN JEDINSTVA I ZABAVE

Izgradnja interkulturalne budućnosti



Oblačno martovsko vreme nije moglo da sruši raspoloženje učenika iz četiri prištinske škole: osnovnih i srednjih škola (OSŠ) „Asim Vokši“, „Elena Đika“, „Naim Frašeri“ i „Nazim Gafuri“ koji su se okupili na svečanosti. Događaj „Izgradnja interkulturalne budućnosti“ koji je organizovao lokalni LMT (Tim za vezu i nadgledanje) KFOR-a.

O snažujućim razgovorima i interaktivnim sesijama

Događaj je počeo sa tri zanimljiva predavanja. Jedno predavanje je bilo fokusirano na rodnu ravnopravnost, koju su održale savetnice KFOR-a za rodna



pitanja, potpukovnik Rozi Mates (Rosi Mathes) i Elizabet Šleijher (Elizabeth Schleicher). Još jedno predavanje o novinarstvu u štampanim medijima, predstavila je glavna urednica 4You Magazina, Leonora Šabanaj Nikšić (Leonora Shabanaj Nikshiq). Na kraju, održana je sesija o radio novinarstvu Emine Hiseni Šalja (Emina Hyseni Shala), menadžera Radija KFOR.

Predavanja, fudbal, hrana i zabava

U danu ispunjenom učenjem, druženjem i zabavom, deca su uronila u pozitivnu atmosferu saradnje. Cilj dana je bio jasan: da se stvore trajne veze, da se neguju zajednička iskustva i da se podvuku fundamentalne sličnosti

koje nas sve ujedinjuju, kao što je artikulisala Jehona Ljušaku (Jehona Lushaku), zamenica gradonačelnika i direktorica Direkcije za obrazovanje opštine Priština. Nakon edukativnih predavanja, došlo je vreme za zabavu

ispunjenu akcijom uz fudbalski turnir gde su timovi bili pomešani po polu i etničkoj pripadnosti, promovišući inkluzivnost i timski rad. Konkurencija je bila žestoka, ali je duh prijateljstva pobedio. Nakon igara na terenu, učenicima su zajedno sa italijanskim vojnicima došli da spremaju tiramisu, ukusni italijanski desert, pokazujući svoje kulinarsko umeće i kulturnu razmenu. Događaj je završen umetničkim programom u

komu su nastupila talentovana deca svih nacionalnosti i škola koje su učestvovala. Njihovi živahni nastupi istakli su lepotu različitosti i snagu jedinstva.

Zajedno gradimo svetliju budućnost

Kako je događaj privodio



kraju, ostao je osećaj zajedništva i prijateljstva. Učenici kao što su Jusra Rama i Belma Ismailji (Ismaili) su podelili svoja iskustva i nade za budućnost. Oni su istakli značaj obrazovanja, saradnje i prihvatanja različitosti. Njihovo mišljenje je dodatno potvrdila njihova nastavnica muzike Ljirije Hadžijaj (Lirie Haxhijaj). Ona je istakla da je ovaj događaj od prvog trenutka izvukao ono najbolje od sve prisutne dece, koja su se aktivno uključila u sve aktivnosti. Iz tog razloga, ona smatra da takve aktivnosti treba organizovati u školama širom Kosova, jer kroz njih deca uče da se druže





stvaraju mreže prijateljstva i razvijaju životne veštine i osnovne vrednosti, kao što su tolerancija i saradnja, koje će im služiti tokom celog života.

Planovi za budućnost

Kako je Ardiane Makoli Sadiku (Ardianë Makolli Sadiku), direktorka OSŠ „Nazim Gafuri“ rekla, uspeh ovog događaja služi kao svedočanstvo o moći jedinstva i saradnje. Ona se nada da će slične aktivnosti nastaviti da se organizuju u školama i zajednicama širom Kosova, podstičući razumevanje, toleranciju i saradnju među budućim generacijama.



Inspirativne poruke za budućnost

Tokom celog dana inspirativne poruke su dirnule u srca mladih učesnika. Zastavnik Daniele Melai, komandant lokalnog LMT-a i njegov kolega kaplar Armando Sodano, kreatori ovog događaja, istakli su značaj timskog rada i saradnje, navodeći: „Današnja poruka mladima na Kosovu je da ako radimo zajedno sve je moguće.“ Na kraju, mora se naglasiti da ovo nije bio samo dan zabave i igre, već proslava različitosti, prijateljstva i obećanja svetlije, inkluzivnije budućnosti za sve.



A DAY OF UNITY AND FUN Building an Intercultural Future

The cloudy March weather could not bring down the spirits of the students from four schools in Pristina: Elementary and Junior High Schools (EJHS) “Asim Vokshi,” “Elena Gjika,” “Naim Frashëri” and “Nazim Gafurri” that gathered for the “Building an Intercultural Future” event organized by KFOR’s local LMT (Liaison and Monitoring Team).

Empowering talks and interactive sessions

The event kicked off with three engaging lectures. One focused on gender equality, delivered by KFOR gender advisor officers Lieutenant Colonel Rosi Mathes and Ms. Elizabeth Schleicher. Another covered print journalism, presented by Ms. Leonora Shabanaj Nikshiq, Chief Editor of 4You Magazine. Lastly, there was a session on radio journalism by Ms. Emina Hyseni Shala, the Radio KFOR Manager.

Lectures, Football, Food, and Fun

In a day filled with learning, friendship, and fun, children immersed themselves in a positive atmosphere of cooperation. The day's objective was clear: to forge lasting bonds, cherish shared experiences, and underscore the fundamental similarities uniting us all, as articulated by Jehona Lushaku, Deputy Mayor and Director of the Education Directorate of Pristina Municipality. Following the educational lectures, it was time for some action-filled fun with a football tournament where teams were mixed in gender and ethnicity, promoting inclusivity and teamwork. The competition was fierce, but the spirit of friendship triumphed. After the games on the field, the students came together with Italian soldiers to prepare Tiramisu, a delicious Italian dessert, displaying their culinary skills and cultural exchange. The event concluded with an artistic program featuring performances by talented children from all participating schools and ethnicities. Their vibrant performances highlighted the beauty of diversity and the power of unity.

Building a brighter future together

As the event ended, the sense of unity and friendship remained. Students like Jusra Rama and Belma Ismaili

shared their experiences and hopes for the future. They emphasized the importance of education, collaboration, and embracing diversity. Their sentiments were further confirmed by their music teacher Lirie Haxhiaj. She highlighted that from the first moment this event brought the best out of all the attending children, who were engaging actively in all the activities. For this reason, she believes that such activities should be organized in schools across Kosovo because through them children learn to socialize, create networks of friendship and develop life skills and fundamental values such as tolerance and cooperation, which will serve them throughout their lives.

Looking ahead

As Ardianë Makolli Sadiku, the principal of EJHS “Nazim Gafurri,” expressed, the success of this event serves as a testament to the power of unity and collaboration. She hopes that similar activities will continue to be organized in schools and communities across Kosovo, fostering understanding, tolerance, and cooperation among future generations.

Inspiring messages for the future

Throughout the day, inspiring messages touched the hearts of the young participants. Warrant Officer Daniele Melai, commander of the local LMT and his colleague Corporal Armando Sodano, the creators of this event, emphasized the importance of teamwork and collaboration, stating: “Today’s message to the youth in Kosovo is that if we work together everything is possible.” In the end, it must be stressed that this was not just a day of fun and games, but a celebration of diversity, friendship, and the promise of a brighter, more inclusive future for all.

NAJVIŠE ZGRADE NA SVETU

PET ARHITEKTONSKIH ČUDA

U potrazi za arhitektonskim podvizima koji će nadmašiti sve prethodne, čovek je oduvek težio stvaranju građevina koje će se uzdići do nebesa. Zahvaljujući napretku u građevinskim materijalima i metodama, ova težnja postaje stvarnost. Betonski divovi sa futurističkim strukturama dosežu nebo, definišući ono što je nekada smatrano nemogućim. U nastavku, pročitajte o pet najviših zgrada na svetu, koje su simboli arhitektonskih dostignuća.



Burdž Kalifa, UAE - 828 metara

Najviša zgrada na svetu, Burdž Kalifa (Burj Khalifa), smeštena je u Dubaiju, Ujedinjenim Arapskim Emiratima. Sa visinom od 828 metara i 163 sprata, ova građevina predstavlja jedan od najprepoznatljivijih simbola modernog građevinarstva i luksuza. Sastoji se od hotela, stambenih jedinica i tržnih centara, prostirući se na površini od 2 km². Izgradnja je trajala šest godina, a nakon završetka 2010. godine, Burdž Kalifa je postavio nekoliko rekorda, uključujući najviši restoran i noćni klub na svetu. Konstrukcija je napravljena od armiranog betona, aluminijske i čelika, sa 24.000 prozora.



Merdeka 118, Malezija - 678.9 metara

U glavnom gradu Malezije, Kuala Lumpuru, nalazi se neboder Merdeka 118. Ova najviša zgrada u Maleziji i jugoistočnoj Aziji doseže visinu od 678.9 metara. Ime zgrade, Merdeka, što na malajskom znači "nezavisnost", inspirisano je istorijskim događajem proglašenja nezavisnosti ove azijske države. Izgradnja vrha ovog tornja završena je u decembru 2022. godine. Dizajn uključuje staklene fasade oblikovane kao dijamanti, simbolizirajući raznolikost Malezijaca. Broj 118 u imenu odnosi se na broj spratova koji obuhvataju tržne centre, kancelarije, hotele i stambene jedinice.



Šangajska Kula, Kina - 632 metara

Šangajska Kula (Shanghai Tower) smeštena je u istoimenom gradu u Kini. Izgradnja je započela 2008. godine, a službeno je otvorena za javnost 2015. godine. Postala je najviša zgrada u Kini, sa 128 spratova koji obuhvataju kancelarijske prostore, koncertne dvorane i čak bazen na 84. spratu. Ova impresivna struktura deli rekord sa Međunarodnim finansijskim centrom Ping An za najvišu osmatračnicu na svetu. Također, ovaj neboder visok 632 metra dom je drugom najbržem liftu na svetu.

Abraj Al-Bait, Saudijska Arabija - 601 metar

Abraj Al-Bait, poznat kao 'toranj sa satom', zauzima četvrto mesto na listi najviših zgrada na svetu i jedan je od najviših u Saudijskoj Arabiji. Smešten u Meki, ovaj kompleks od sedam nebodera u vlasništvu vlade Saudijske Arabije izgrađen je s ciljem razvoja turizma i usluživanja hodočasnika koji posećuju džamiju

u Meki udaljenu samo 300 metara. Ovo je druga najskuplja zgrada na svetu, sa ukupnim troškovima izgradnje od 15 milijardi dolara, a izgradnja je trajala sedam godina.



Ping An Međunarodni Finansijski Centar, Kina - 599 metara

Smešten u kineskom gradu Šenženu, Ping An Međunarodni Finansijski Centar visok je 599 metara. Izgrađen je isključivo za Ping An osiguravajuće društvo. Iako je zgrada otvorena 2015. godine, produžena gradnja trajala je do 2017. Ovaj centar ima 115 spratova i nudi mnoge sadržaje poput konferencijskih centara, maloprodajnih objekata i hotelskih soba.



TALLEST BUILDINGS IN THE WORLD

FIVE ARCHITECTURAL MARVELS

In search of architectural achievements that will surpass all previous ones, mankind has always aspired to create buildings that will reach towards the heavens. Thanks to advancements in construction materials and methods, this aspiration is becoming a reality. Concrete giants with futuristic structures reach for the sky, defining what was once deemed impossible. Further down, explore the five tallest buildings in the world that have become symbols of architectural achievement:

Burj Khalifa, UAE - 828 meters

The tallest building in the world, Burj Khalifa, located in Dubai, United Arab Emirates. With a height of 828 meters and 163 floors, this building represents one of the most recognizable symbols of modern construction and luxury. It consists of hotels, residential units, and shopping centers, sprawling over an area of 2 km². Construction lasted six years, and upon completion in 2010, Burj Khalifa set several records, including the highest restaurant and nightclub in the world. The structure is made of reinforced concrete, aluminum, and steel, with 24,000 windows.

began in 2008, and it was officially opened to the public in 2015. It became the tallest building in China, with 128 floors housing office spaces, concert halls, and even a swimming pool on the 84th floor. This impressive structure shares the record with the Ping An International Finance Center for the tallest observation deck in the world. Additionally, this 632-meter skyscraper is home to the world's second-fastest elevator.

Merdeka 118, Malaysia - 678.9 meters

In the capital city of Malaysia, Kuala Lumpur, stands the skyscraper Merdeka 118. This tallest building in Malaysia and Southeast Asia reaches a height of 678.9 meters. The building's name, Merdeka, meaning "independence" in Malay language, is inspired by the historic event of this Asian state's declaration of independence. The construction of the tower's top was completed in December 2022. The design features glass facades shaped like diamonds, symbolizing the diversity of Malaysians. The number 118 in the name refers to the number of floors encompassing shopping centers, offices, hotels, and residential units.

Abraj Al-Bait, Saudi Arabia - 601 meters

Abraj Al-Bait, known as the 'Clock Towers,' ranks fourth on the list of the world's tallest buildings and is one of the tallest in Saudi Arabia. Located in Mecca, this complex of seven skyscrapers owned by the Saudi Arabian government was built to develop tourism and serve pilgrims visiting the mosque in Mecca, just 300 meters away. This is the second most expensive building in the world, with a total construction cost of \$15 billion, and construction took seven years.

Shanghai Tower, China - 632 meters

The Shanghai Tower is located in the city of the same name Shanghai, China. Construction

Ping An International Finance Center, China - 599 meters

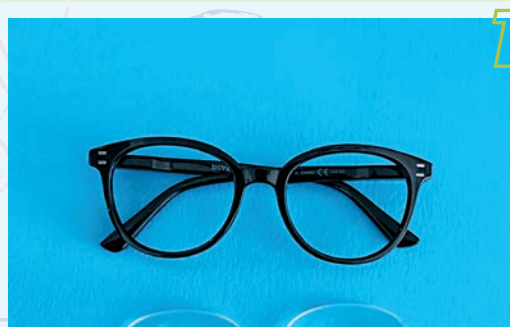
Located in the Chinese city of Shenzhen, the Ping An International Finance Center is 599 meters tall. It was built exclusively for the Ping An Insurance company. Although the building was opened in 2015, extended construction lasted until 2017. This center has 115 floors and offers many amenities such as conference centers, retail outlets, and hotel rooms.

KAKO NAPRAVITI TELESKOP?

Teleskop se koristi za posmatranje udaljenih objekata na nebu, poput zvezda i planeta. On koristi optiku, kao što su sočiva i ogledala, za prikupljanje i fokusiranje svetlosti sa neba. Što su sočiva ili ogledala veća, to više svetlosti teleskop može prikupiti, što omogućava bolji pregled udaljenih objekata. Zato, izrada vlastitog teleskopa može biti veoma korisno i edukativno iskustvo. Uz nekoliko osnovnih materijala i malo strpljenja, možete napraviti funkcionalan teleskop koji će vam pomoći da istražujete nebo noću i pritom naučite o astronomiji. Evo kako da na jednostavan način napravite teleskop:

Potrebni materijali:

- Jedan par naočara za čitanje sa uvećanjem od 2+, iako možete koristiti i veće uvećanje poput 4+
- Dve kartonske rolne od ubrusa, po mogućstvu različitih prečnika
- Makaze
- Samolepljiva traka.



Postupak izrade:

Korak 1 - Izvadite sočiva (stakla) iz naočara:

Pažljivo izvadite sočiva iz naočara za čitanje.

Korak 2 - Pripravite kartonske rolne od ubrusa:

Nakon što izvadite sočiva iz naočara, uzmite veću kartonsku rolnu i ubacite unutra manju. Ako imate dve rolne istog prečnika, isecite jednu po sredini i preklopite jednu ivicu preko druge, zatim ih zalepite samolepljivom trakom. Preskočite ovaj korak ako su rolne različitog prečnika.



Korak 3 - Pričvrstite sočiva:

Zalepite jedno od sočiva sa konveksnom stranom na spoljnu stranu kraja manje kartonske rolne. Dobro ga pričvrstite, ali pokušajte ne prekriti previše trakom. Ponovite ovaj korak sa drugim sočivom i drugom kartonskom rolnicom. Uverite se da je konveksna strana sočiva okrenuta napolje.



Korak 4 - Montirajte manju rolnicu u veću:

Umetnite manju rolnicu u veću tako da je sočivo na svakom kraju. Gledajte kroz manje sočivo. Da biste fokusirali sliku, podesite dužinu teleskopa pomeranjem manje rolnice unutar veće.



Uživajte u svom teleskopu!

Imajte na umu da ovaj teleskop može biti ograničen u performansama u poređenju sa profesionalnim modelima, ali je odličan za osnovno posmatranje neba. Budite oprezni prilikom posmatranja Sunca i nikada nemojte gledati direktno u Sunce kroz teleskop bez odgovarajuće zaštite, jer to može oštetiti vaš vid.

DO IT YOURSELF

HOW TO MAKE A TELESCOPE?



A telescope is used to see distant objects in the sky, such as stars and planets. It uses optics, such as lenses and mirrors, to gather and focus light from the sky. The bigger the lenses or mirrors, the more light the telescope can gather, allowing for a better view of distant objects. Therefore, making your own telescope can be a very useful and educational experience. With a few basic materials and a little patience, you can build a functional telescope that will help you explore the night sky while learning about astronomy. Here's how to make a telescope the easy way:

Necessary materials

- One pair of reading glasses with 2x magnification, although you can use 4x magnification
- Two cardboard paper towel rolls, preferably different diameters
- Scissors
- Masking tape.



Production process



Step 1 - Remove the lenses from the glasses:
Carefully remove the lenses from the reading glasses.



Step 2 - Prepare the paper towel rolls:
After removing the lenses from the glasses, take the larger cardboard roll and insert the smaller one inside. If your rolls are the same size, cut a slit down the middle and overlap one edge over the other. Tape to secure. Skip this step if you have two different diameter rolls.



Step 3 - Attach the lenses:
Tape one of your lenses with the convex side out to the end of the smaller paper roll. Secure well, trying not to cover too much of the lens with the tape. Repeat step 3 with the other glasses lens and the other paper towel roll. Be sure the convex side of the lens faces out.



Step 4 - Insert the smaller roll into the larger one:
Insert the smaller roll into the larger roll so that a lens is on each end. Look through the smaller lens. To focus the image, adjust the length of the telescope by shifting the smaller roll within the larger roll.

Enjoy your telescope!

Keep in mind that this telescope may be limited in performance compared to professional models, but it's great for basic sky watching. Be careful when observing the Sun and never look directly at the Sun through a telescope without proper protection, as this can damage your vision.

"OSKAR" 2024: OPENHAJMER APSOLUTNI POBEDNIK

Film *Openhajmer* apsolutni je pobjednik 96. dodele nagrada Američke filmske akademije. Od 13 nominacija za Oskara, film o „ocu atomske bombe“ osvojio je sedam, između ostalih za najbolji film, režiju - Kristofer Nolan, za najbolju glavnu mušku ulogu - Kilijan Marfi i najbolju mušku sporednu ulogu - Robert Dauni Džunior.



Film 'Jadna stvorenja' dobio je četiri Oskara, između ostalog i za najbolju glavnu žensku ulogu - Ema Stoun, kojoj je to drugi Oskar u karijeri. Nagrada za najbolju sporednu glumicu otišla je u ruke Davin Džoj Rendolf, za ulogu u filmu 'Bartonova akademija' (The Holdovers). Iako je imao 10 nominacija film 'Ubistva pod cvetnim mesecom' Martina Skorsezea nije osvojio nijednu statuetu. Film 'Barbi', koji je ostvario najveću zaradu u 2023. godini, pokupio je tek jednu - za najbolju originalnu pesmu autora Bili Ajliš i njenog brata Fineasa. Ukrajina je osvojila prvog Oskara za najbolji dokumentarni film 'Dvaideset dana u Marijupolju', a u konkurenciji međunarodnih filmova pobjednik je 'Zona interesa'. Nagrada za najbolji



originalni scenario pripala je filmu 'Anatomija pada'.

Trijumf Openhajmera na 96. dodeli Oskara nije iznenađenje

Nolanov film je bio najveći favorit glamurozne večeri u holivudskom Dolbi teatru, prethodno osvojivši nagrade Zlatni globus i BAFTA u

glavnim kategorijama. Zaključno sa Oskarima, Openhajmer je do sada osvojio čak 333 nagrade na festivalima u raznim kategorijama. Ipak, Openhajmer nije ugrozio rekord tri filma koji imaju po 11 Oskara: Titanik, Ben Hur i Gospodar prstenova: povratak kralja. Kilijan Marfi je prvi put bio nominovan za

Oskara za najbolju mušku ulogu i odmah je dobio najprestižniju filmsku nagradu, čime je postao prvi Irac kome je to pošlo za rukom. Robert Dauni Džunior osvojio je Oskara za najbolju



sporednu mušku ulogu za tumačenje lika zvaničnika američke vlade Luisa Štrausa u filmu Openhajmer.



Iznenadjenje večeri: Oscar za Emu Stoun

U glumačkim kategorijama najveće iznenađenje večeri zasigurno je pobjeda Eme Stone u kategoriji najbolje glumice. Ljubitelji filma su istu predviđale Lili Gladstone, no pokazalo se kako su članovi Akademije Stone odlučili nagraditi drugim zlatnim kipom. Kategorija najbolja glumica bila je i jedna od najneizvesnijih: velika bitka vodila se između Eme Stoun (Jadna stvorenja) i Lili Gledston (Ubistva pod cvetnim mesecom). Neobična drama 'Jadna stvorenja' pored pobjede Eme Stoun, osvojila je Oskare za produkciju, kostime, šminku i frizuru.

Najzabavniji deo večeri: I'm Just Ken
Nastup koji se, pokazalo se s dobrim razlogom, željno očekivao bio je nastup Rajana Goslinga s pesmom 'I'm Just Ken'. Premda je nagrada za najbolju pesmu pripala Billi Ajliš i Fineasu za 'What Was I Made For?', Kenu je pripala moralna nagrada najboljeg nastupa večeri. Na bini su mu se pridružili producent Mark Ronson i legendarni Slash te kolege Kenovi, koji su izveli koreografiju inspirisanu onom prikazanom u filmu - 'Muškarci više vole plavuše'.

OSCARS 2024:

OPPENHEIMER THE ABSOLUTE WINNER

The film Oppenheimer is the absolute winner of the 96th Academy Awards. Of the 13 Oscar nominations, the film about the "father of the atomic bomb" won seven, including Best Picture, Director - Christopher Nolan, Best Actor - Cillian Murphy and Best Supporting Actor - Robert Downey Jr.

The film 'Oppenheimer' won four Oscars, including for the best female role - Emma Stone, who won the second Oscar in her career. The award for the best supporting actress went to Da'Vine Joy Randolph, for her role in the film 'The Holdovers'. Although it had 10 nominations, the film 'Killers of the Flower Moon' by Martin Scorsese did not win a single statuette. The film 'Barbie', which achieved the highest income in 2023, picked up only one - for the best original song by Billie Eilish and her brother Finneas. Ukraine won the first Oscar for the best documentary film 'Twenty Days in Mariupol', and in the competition of international films, the winner was 'The Zone of Interest'. The award for the best original screenplay went to the film 'Anatomy of a Fall'.

Oppenheimer's triumph at the 96th Academy Awards is no surprise

Nolan's film was the biggest favourite at the glamorous evening at the Dolby Theatre in Hollywood, having already won the Golden Globe and BAFTA in the main categories. Together with the Oscars, Oppenheimer has won no less than 333 awards at festivals in various categories. However, Oppenheimer has not challenged the record of three films that have 11 Oscars each: Titanic, Ben Hur and The Lord of the Rings: The Return of the King. Cillian Murphy received his first Oscar nomination for Best Actor in a Leading Role. This makes him the first Irishman to win the most prestigious film

award outright. Robert Downey Jr. won the Academy Award for Best Supporting Actor for his portrayal of US government official Louis Strauss in Oppenheimer.

The surprise of the evening: Oscar for Emma Stone

In the acting categories, the biggest surprise of the evening was certainly Emma Stone's win in the Best Actress category. Fans of the film had predicted the same for Lily Gladstone, but it turned out that the Academy members decided to reward Stone with another golden statue. The best actress category was also one of the most uncertain: it came down to a big fight between Emma Stone (Oppenheimer) and Lily Gladstone (Killers of the Flower Moon). In addition to Emma Stone's win, the unusual drama 'Oppenheimer' also won Oscars for production, costumes, make-up and hair..

Funniest part of the night: I'm Just Ken
The highly anticipated performance, as it turned out, was Ryan Gosling's rendition of 'I'm Just Ken', and for good reason. Although the award for best song went to Billie Eilish and Finneas for 'What Was I Made For?', the moral award for best performance of the night went to Ken. He was joined on stage by producer Mark Ronson and the legendary Slash and his fellows The Kens, who performed choreography inspired by the choreography from the film 'Gentlemen Prefer Blondes'.

JOVAN ĐENOVIĆ

IZAZOVI I TRIJUMFI U ATLETICI

Atletika, sport koji zahteva predanost, disciplinu i samodisciplinu, nije uvek prva opcija mladih sportista. Ali za Đenović Jovana, mladog studenta medicine iz Kosovske Mitrovice, atletika nije samo sport - ona je način života i izazov koji prihvata s ljubavlju i strašću.

Đenović Jovan, dvadesetdvogodišnji student četvrte godine medicine, nije uvek bio atletičar. Kao dete, trenirao je, poput mnogih svojih vršnjaka - fudbal. Međutim, sve se promenilo kada je sa svojim ocem, inače trenerom Atletskog kluba „Trepča“, počeo da trenira atletiku, ali i da odmah osvaja nagrade. Naime, Jovan je već na svom prvom atletskom takmičenju osvojio medalju, što je bilo dovoljno da zapali iskru ljubavi prema atletici. Odlučio je da napusti fudbal i potpuno se posveti atletici, sportu koji zahteva samodisciplinu i odricanje, ali pruža neizmernu satisfakciju.

“Zavisite sami od sebe... ne može vas niko pogurati, a ni sreća pogledati. Tako da sve zavisi isključivo od vas i vaše želje za uspehom. Mislim da baš zbog toga atletika važi za kraljicu svih sportova. Treniram bukvalno svakog dana u toku godine, nekada i po dva puta na dan, a moj trener (otac) je dao lep primer za to: trening u atletici je kao kada zidate kuću, ako zaboravite par cigala srušiće se kuća. Tako da sam maksimalno posvećen”, kazao nam je na početku razgovora za Magazin 4You Jovan.

Uspešan atletičar i posvećeni mentor mladima

Što se tiče slobodnog vremena trenutno ga i nema baš puno, jer pored atletike, pohađa i četvrtu godinu Medicinskog fakulteta. Od njega saznajemo da nije samo uspešan atletičar, već i posvećeni mentor mladim sportistima. Kazao nam da je ima privilegiju da deli svoje znanje i iskustvo sa najboljim mladim atletičarima, kroz predavanja o njihovim pripremama za treninge na višim nadmorskim visinama, o suplementaciji i ishrani ovih predanih sportista. Kroz ova predavanja, on im ne prenosi samo tehničke detalje, već ih inspiriše



da razumeju važnost sveobuhvatnog pristupa pripremi za vrhunska takmičenja. "Obuka i obrazovanje mladih atletičara su od suštinskog značaja za razvoj budućih šampiona. Imam privilegiju da podelim svoje znanje i iskustvo sa mladima i nadam se da će im to pomoći u njihovom putovanju ka uspehu", naglašava Jovan.

Put ka samostvarenju

Jovan pronalazi inspiraciju u velikim sportistima



poput Novaka Đokovića, ali i u podršci svoje porodice, prijatelja i trenera. Atletika nije samo sport za Jovana - to je način života koji ga motiviše da svakog dana bude bolji i da teži ka vrhuncu svog potencijala. Njegova poruka mladima je jednostavna: "Budite istrajni i disciplinovani u tome što radite, to je jedini

Izazovi i uspesi

Jovan ima impresivan spisak uspeha u atletici. Sa preko 70 osvojenih medalja i učešćem na brojnim takmičenjima, uključujući i predstavljanje Srbije na prvenstvu Balkana, on sanja o osvajanju medalja na velikim međunarodnim takmičenjima. Nedavno mu je uručeno priznanje za najboljeg sportistu Kosovske Mitrovice u 2023. godini. Kao atletičar Atletskog kluba „Trepča“, na prvenstvu Balkana u Bugarskoj, Đenović je bio drugi najbolje plasirani takmičar iz Srbije i za mlađe seniore. Na Novosadskom polumaratonu osvojio je prvo mesto, na atletskom mitingu u Bijeljini 3. mesto na 1.500 metara. Na prvenstvu Beograda u krosu na 4 kilometara u kategoriji seniora osvojio je drugo mesto.

način da vam se snovi koje sanjate možda ostvare. Nemojte misliti da niste talentovani za nešto, zato što veliki rad na kraju uvek



pobedi taj talenat. Ne postavljajte sebi granice zato što su one deo vaše iluzije i mašte, i često nisu stvarne, i lako se prevazilaze", poruka je koju je Jovan uputio vama, čitaocima Magazina 4 You.

Njegova priča predstavlja primer predanosti, posvećenosti i samodiscipline i trebala bi da inspiriše Vas - mlade, da sanjate velike snove i da ne odustajete od svojih ciljeva, ma koliko izazovni bili putevi ka njihovom ostvarenju.



JOVAN DENOVIC CHALLENGES AND TRIUMPHS IN ATHLETICS

Athletics, a sport that requires dedication, discipline, and self-discipline, is not always the first choice for young athletes. But for Jovan Denovic, a young medical student from Kosovska Mitrovica, athletics is not just a sport - it is a way of life and a challenge he embraces with love and passion.

Denovic Jovan, a twenty-two-year-old and fourth-year medical student, was not always an athlete. As a child, like many of his peers, he trained football. However, everything changed when he started training in athletics with his father, who is a coach at the "Trepca" Athletics Club, and immediately started winning awards. In fact, Jovan won a medal at his very first athletic competition, which was enough to ignite his love for athletics. He decided to leave football behind and fully dedicate himself to athletics, a sport that requires self-discipline and sacrifice but offers immense satisfaction.

"You depend on yourself... no one can push you, and luck cannot favor you. So it all depends solely on you and your desire for success. I think that's why athletics is considered the queen of all sports. I train literally every day throughout the year, sometimes twice a day, and my coach (father) has set a good example for that: training in athletics is like building a house, if you forget a few bricks, the house will collapse. So, I am fully committed," Jovan told us at the beginning of the interview for Magazine 4You.

Successful athlete and dedicated mentor to youth

Regarding free time, there isn't much of it currently, as besides athletics, he is also attending his fourth year at the Medical Faculty. From him, we learn that he is not only a successful athlete but also a dedicated mentor to young athletes. He told us that he has the privilege to share his knowledge and experience with the best young athletes, through lectures on their preparations for training at higher altitudes, supplementation, and nutrition for these dedicated athletes. Through these lectures, he not only imparts technical details but also inspires them to understand the importance of a comprehensive approach to preparation for top-level competitions. "Training and educating young athletes are essential for developing future champions. I have the privilege to share my knowledge and experience with the youth, and I hope it will help them in their journey to success," emphasizes Jovan.

Challenges and Achievements

Jovan has an impressive list of achievements in athletics. With over 70 medals won and participation in numerous competitions, including representing Serbia at the Balkan Championships, he dreams of winning medals at major international competitions. He was recently awarded as the best athlete of Kosovska Mitrovica in 2023. As an athlete from the "Trepca" Athletics Club, at the Balkan Championships in Bulgaria, Denovic was the second-best-placed competitor from Serbia in the U23 category. He won first place at the Novi Sad Half Marathon, third place in the 1,500 meters at the athletics meeting in Bijeljina. At the Belgrade Cross Country Championships in the 4-kilometer category for seniors, he won second place.

Path to self-actualization

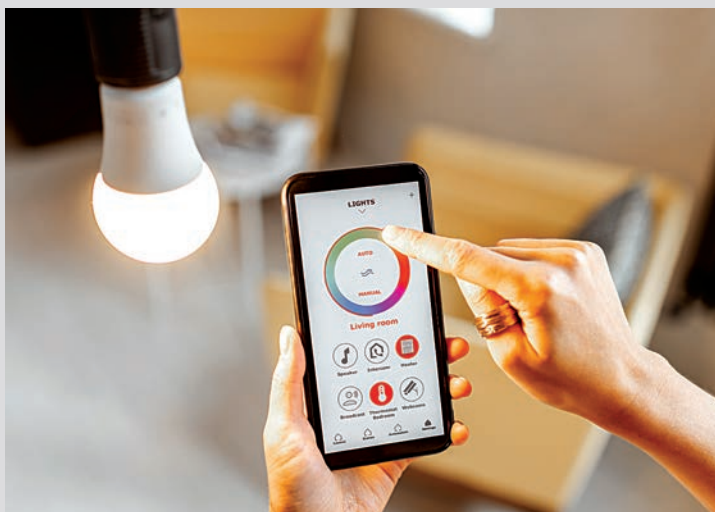
Jovan finds inspiration in great athletes like Novak Djokovic, but also in the support of his family, friends, and coaches. Athletics is not just a sport for Jovan - it is a way of life that motivates him to be better every day and to strive for the pinnacle of his potential. His message to young people is simple: "Be persistent and disciplined in what you do; that is the only way your dreams may come true. Don't think that you are not talented at something because hard work always beats talent in the end. Don't set limits for yourself because they are part of your illusion and imagination, and often they are not real, and they are easy to overcome," is the message Jovan addressed to You, the readers of Magazine 4 You. His story serves as an example of dedication, commitment, and self-discipline and should inspire you - the youth, to dream big and not give up on your goals, no matter how challenging the paths to their realization may be.

REVOLUCIJA PAMETNOG DOMA NAJPRISTUPAČNIJI UREĐAJI ZA SVAKI BUDŽET

Na tržištu pametnih kućnih uređaja koje se neprestano proširuje, mogu vas preplaviti beskonačne opcije, posebno kada pokušavate da uskladite kvalitet sa pristupačnošću. Međutim, sa napretkom tehnologije i povećanom konkurencijom na tržištu, pronalaženje pristupačnih pametnih kućnih uređaja koji ne kompromituju funkcionalnost ili pouzdanost postalo je lakše nego ikad. Bez obzira da li ste iskusni zaljubljenik pametnog doma ili tek započinjete sa istraživanjem sveta kućne automatizacije, evo odabrane liste najboljih pristupačnih pametnih kućnih uređaja koji će unaprediti vaš životni prostor, a da pritom nećete prekoračiti budžet.

PAMETNE SIJALICE

Transformacija osvetljenja vašeg doma u prilagodljiv i energetski efikasan sistem ne mora koštati bogatstvo. Brendovi poput „Philips Hue“, „Wyze“ i „TP-Link“ nude pametne LED sijalice koje se mogu daljinski kontrolisati putem aplikacija na pametnim telefonima ili



glasovnih asistenata poput „Amazon Alexe“ i „Google Assistant-a“. Ove sijalice vam ne samo omogućavaju podešavanje osvetljenja i temperature boje, već i planiranje rutina osvetljenja koje odgovaraju vašem načinu života.

PAMETNE UTIČNICE

Pretvorite bilo koji običan aparat u pametni uređaj dodavanjem pametnih utičnica. Brendovi poput „TP-Link Kasa“ i „Wyze“ nude pristupačne pametne utičnice sa bežičnom mrežom koje vam omogućavaju daljinsko kontrolisanje utičnica putem pametnog telefona ili glasovnih komandi. Bilo da želite da vaš aparat za kafu počne da kuva ujutru ili da osigurate da su vaši uređaji isključeni kada nisu u upotrebi, pametne utičnice pružaju praktičnost i uštedu energije, a da pritom

ne probijaju budžet.

PAMETNI TERMOSTATI

Grejanje i hlađenje čine značajan deo potrošnje energije u domaćinstvu, ali sa pametnim termostatima možete optimizovati energetske efikasnost svog doma i uštedeti novac na računima za komunalije. „Google Nest Termostat“ i „Ecobee3 lite“ su dve odlične opcije za potrošače koji vode računa o budžetu, nudeći funkcije poput daljinskog upravljanja temperaturom, izveštaje o potrošnji energije i kompatibilnost sa popularnim glasovnim asistentima.

PAMETNE BEZBEDNOSNE KAMERE

Držite na oku svoj dom i voljene osobe bez trošenja novca na skupe sisteme za bezbednost pomoću pristupačnih pametnih kamera. Brendovi poput „Wyze“, „Blink“ i „Eufy“ nude pristupačne unutrašnje i spoljne sigurnosne kamere koje donose video snimke i dvosmernu audio komunikaciju. Bez obzira da li pratite svoja ulazna vrata, proveravate kućne ljubimce dok niste kod kuće ili odvrćate potencijalne uljeze, ove pametne kamere pružaju mir uma bez prekoračenja budžeta.

PAMETNA ZVONA ZA VRATA

Nadogradite ulaz svog doma pamet-

nim zvonom koje nudi napredne funkcije poput detekcije pokreta, snimanja video zapisa i obavještenja na pametnom telefonu. „Ring Video Zvono“ i „Wyze Video Zvono“ su dve pristupačne opcije koje pružaju direktni video prenos sa vašeg praga i omogućavaju vam komunikaciju sa posetiocima na daljinu. Sa lakoćom instalacije i integracijom sa postojećim ekosistemima pametnog doma, pametna zvona za vrata nude unapređenu bezbednost i praktičnost po delu cene tradicionalnih sistema za bezbednost.

PAMETNI ZVUČNICI

Transformišite svoj životni prostor u povezano čvorište zabave i informacija sa pristupačnim pametnim zvučnikom. „Amazon Echo Dot“ i „Google Nest Mini“ su kompaktni, ali moćni uređaji koji nude glasovnu kontrolu bez ruku, strimovanje muzike i pristup širokom spektru usluga i aplikacija za pametne kuće. Bez obzira da li postavljate tajmere u kuhinji, proveravate vremensku prognozu pre izlaska ili kontrolišete druge pametne uređaje u svom domu, ovi pristupačni pametni zvučnici su svestrani dodaci za svaki prostor.



Investiranjem u ove pristupačne pametne kućne uređaje, možete unaprediti praktičnost, udobnost i bezbednost u svom životnom prostoru, a da pri tome ne prekoračite budžet.

THE SMART HOME REVOLUTION TOP AFFORDABLE DEVICES FOR EVERY BUDGET

In the ever-expanding market of smart home devices, the endless options can be overwhelming, especially when trying to balance quality with affordability. However, with the advancement of technology and increased competition in the market, finding budget-friendly smart home devices that don't compromise on functionality or reliability has become easier than ever. Whether you're a seasoned smart home enthusiast or just dipping your toes into the world of home automation, here's a curated list of the best affordable smart home devices to enhance your living space without breaking the bank.

SMART BULBS

Transforming your home's lighting into a customizable and energy-efficient system doesn't have to cost a fortune. Brands like Philips Hue, Wyze, and TP-Link offer smart LED bulbs that can be controlled remotely via smartphone apps or voice assistants like Amazon Alexa and Google Assistant. These bulbs not only allow you to adjust brightness and color temperature but also schedule lighting routines to fit your lifestyle.

SMART PLUGS

Turn any ordinary appliance into a smart device with the addition of smart plugs. Brands like TP-Link Kasa and Wyze offer affordable Wi-Fi-enabled smart plugs that allow you to remotely control power outlets using your smartphone or voice commands. Whether you want to schedule your coffee maker to start brewing in the morning or ensure that your devices are powered off when not in use, smart plugs provide convenience and energy savings without breaking the bank.

SMART THERMOSTATS

Heating and cooling account for a significant portion of household energy consumption, but with a smart thermostat, you can optimize your home's energy efficiency while saving money on utility bills. The Google Nest Thermostat and the Ecobee3 lite are both excellent options for budget-conscious consumers, offering features like remote temperature control, energy usage reports, and compatibility with popular voice assistants.

SMART SECURITY CAMERAS

Keep an eye on your home and loved ones without splurging on expensive security systems with budget-friendly smart cameras. Brands like Wyze, Blink, and Eufy offer affordable indoor and outdoor security cameras that deliver high-definition video

streaming, motion detection, and two-way audio communication. Whether you're monitoring your front door, checking in on pets while you're away, or deterring potential intruders, these smart cameras provide peace of mind without breaking the bank.

SMART DOORBELLS

Upgrade your home's entryway with a smart doorbell that offers advanced features like motion detection, video recording, and smartphone notifications. The Ring Video Doorbell and the Wyze Video Doorbell are both affordable options that provide live video feeds of your doorstep and allow you to communicate with visitors remotely. With easy installation and integration with existing smart home ecosystems, smart doorbells offer enhanced security and convenience at a fraction of the cost of traditional security systems.

SMART SPEAKERS

Transform your living space into a connected hub of entertainment and information with a budget-friendly smart speaker. The Amazon Echo Dot and the Google Nest Mini are compact yet powerful devices that offer hands-free voice control, music streaming, and access to a wide range of smart home services and apps. Whether you're setting timers in the kitchen, checking the weather before heading out, or controlling other smart devices in your home, these affordable smart speakers are versatile additions to any space.

By investing in these budget-friendly smart home devices, you can enhance convenience, comfort, and security in your living space without breaking the bank.

BEZBEDNOST SAOBRAĆAJA: BUDITE OPREZNI, OSTANITE BEZBEDNI!

Kada vi, tinejdžeri, izlazite u užurbani i brzi svet oko sebe, izuzetno je važno razumevanje bezbednosti u saobraćaju, bilo da ste pešaci ili budući vozači. Bezbednost pešaka je neophodna, zahteva pažnju, oprez i poštovanje saobraćajnih pravila. Oni od vas koji će uskoro postati vozači moraju razumeti odgovornosti koje nosi upravljanje vozilom. U nastavku vas podsećamo na nekoliko jednostavnih i ključnih praksi koje će obezbediti vašu bezbednost u saobraćaju.

Vidljivost i oprez

Kao pešaci, morate dati prednost vidljivosti i oprezu. Nošenje svetle ili reflektujuće odeće, posebno u uslovima slabog osvetljenja, značajno vas čini vidljivijim za vozače. Korišćenje određenih pešačkih prelaza i poštovanje saobraćajne signalizacije su osnovne prakse koje smanjuju rizik od nezgoda. Pored toga, uvek pokušajte da uspostavite kontakt očima sa vozačima pre nego što pređete raskrsnice kako biste bili sigurni da ste viđeni.

Izbegavanje odvlačenja pažnje

Odvlačenje pažnje poput slanja poruka, slušanja glasne muzike na slušalicama ili upuštanja u razgovore sa prijateljima mogu skrenuti pažnju sa puta. Budite svesni svog okruženja dok hodate, posebno u prometnim urbanim sredinama gde je gustina saobraćaja velika.

Bezbednost pri rukovanju skuterima i drugom opremom

Sa porastom uređaja na električni pogon kao što



su skuteri i bicikli, od suštinske je važnosti da date prioritet bezbednosti. Uvek nosite kacigu kada vozite bilo koje takvo prevozno sredstvo, obezbeđujući odgovarajuću zaštitu glave u slučaju padova ili sudara. Obratite pažnju na pešake, pridržavajte se saobraćajnih pravila i saobraćajne signalizacije. Vodite računa o drugim učesnicima u saobraćaju i održavajte bezbednu udaljenost od vozila, posebno u gustom saobraćaju.

Pažljiva vožnja

Dok se pripremate da postanete vozači, učenje i primena principa pažljive vožnje

su od ključnog značaja. Pažljiva vožnja uključuje predviđanje potencijalnih rizika, održavanje bezbedne udaljenosti i spremnost da brzo reagujete na neočekivane situacije. Stoga, uvek ostanite fokusirani na put, smanjite odvlačenje pažnje i neprekidno osmatrajte svoje okruženje u potrazi za potencijalnim opasnostima.

Usklađenost sa ograničenjima brzine

Prekoračenje ograničenja brzine ne samo da povećava rizik od nezgoda, već i smanjuje vašu sposobnost da reagujete na nepredviđene okolnosti. Međutim, ne zaboravite da poštovanje ograničenja brzine ne znači samo poštovanje znakova ograničenja brzine, već i prilagođavanje brzine vožnje prema putu i vremenskim uslovima. Ovo je izuzetno važno razumeti bez obzira da li ste pešak ili vozač.

Korišćenje sigurnosnog pojasa Sigurnosni pojasevi spasavaju živote!

Morate da nosite pojas u svakom trenutku, bilo da vozite ili ste suvozač, sedite na prednjem ili zadnjem sedištu. Budite pozitivan primer doslednim praktikovanjem ove osnovne mere bezbednosti: čim uđete u automobil, **VEŽITE SIGURNI POJAS!**



Izbegavajte vožnju pod dejstvom nedozvoljenih supstanci

Vožnja pod dejstvom alkohola ili droge je nezakonita, izuzetno opasna i kažnjiva oduzimanjem vozačke dozvole ili visokim kaznama. Najčešća osobina svih onih koji voze pod uticajem su neuviđanje potencijalno opasnih situacija, smanjena sposobnost brzog reagovanja i povećana sklonost ka opasnim ponašanjima, ugrožavajući i sebe i druge na putu. Stoga, kad god odrasli idu u provod, važno je da planirate unapred, koristite alternativni prevoz - **Samo pozovite TAKSI!**



Ranim uvođenjem bezbednih praksi, možete i hoćete da se krećete ulicama sa samopouzdanjem i svesnošću, bilo kao pešaci ili budući vozači. Konačno, davanje prioriteta bezbednosti pešaka i priprema za odgovornu vožnju osnažuje vas da postanete odgovorni učesnici u saobraćaju, osiguravajući svoju i dobrobit drugih.



TRAFFIC SAFETY: STAY ALERT, STAY SAFE!

As you, teenagers, step out into the busy and fast-moving world around you, understanding traffic safety is extremely important, whether you are pedestrians or soon-to-be drivers. Pedestrian safety is essential, requiring attention, caution, and compliance with traffic rules. Whereas those of you that will soon become drivers must understand the responsibilities that come with driving a vehicle. Below we remind you of several simple and key practices that will ensure your safety in traffic.

Visibility and caution

As pedestrians, you must prioritize visibility and caution. Wearing bright or reflective clothing, especially during low-light conditions, significantly improves your visibility to drivers. Utilizing designated crosswalks and obeying traffic signals are basic practices that reduce the risk of accidents. Additionally, always try to make eye contact with drivers before crossing intersections to ensure you have been seen.

Avoiding distractions

Distractions such as texting, listening to loud music on your headphones, or engaging in conversations with friends can divert attention from the road. Stay aware of your surroundings while walking, especially in busy urban areas where traffic density is high.

Safety while operating scooters and other equipment

With the rise of electrically driven devices like scooters and bikes, it is essential for you to prioritize safety. Always wear a helmet when riding any such device, ensuring proper head protection in case of falls or collisions. Pay attention to pedestrians, follow the traffic rules, and obey the traffic signals. Be mindful of other road users and maintain a safe distance from vehicles, especially in heavy traffic.

Defensive driving

As you prepare to become drivers, learning and applying the principles of defensive driving is crucial. Defensive driving involves foreseeing potential risks, maintaining a safe following distance, and being prepared to react fast to unexpected situations. Therefore, always stay focused on the road, minimize distractions, and continuously scan your surroundings for potential dangers.

Compliance with speed limits

Exceeding speed limits not only

increases the risk of accidents but also reduces your ability to react to unforeseen circumstances. However, do not forget that compliance with speed limits does not only mean respecting the speed limit signs, but also adjusting driving speed according to road and weather conditions. This is extremely important to understand whether you are a pedestrian or a driver.

Using the seat belt

Seat belts save lives! You must wear your seatbelt at all times whether you are driving or you are a passenger, sitting in the front or back seat. Set a positive example by consistently practicing this essential safety measure: as soon as you get in the car **PUT YOUR SEAT BELT ON!**

Avoiding impaired driving

Driving under the influence of alcohol or drugs is illegal, extremely dangerous and punishable by having your driving license revoked or substantial fines. The most common traits of all those driving under influence is their failure to acknowledge potentially dangerous situations, the reduced ability to react fast, and an increased tendency to engage in dangerous behavior, endangering both themselves and others on the road. Therefore, whenever adults go out partying, it is important to plan ahead, use alternative transportation - **Just call a TAXI!**

By instilling safe practices early on, you can and will navigate the streets with confidence and awareness, whether as pedestrians or future drivers. Finally, prioritizing pedestrian safety and preparing for responsible driving empowers you to become responsible road users, ensuring your well-being and that of others.

Vaše mišljenje o Prvom aprilu?



STEFAN PETKOVIĆ



Šta mislite o Prvom aprilu?

Ja mislim da je Prvi april zabavan dan koji pruža priliku za malo šale i smeha. Uvek možemo da se našalimo ali tog dana nekako možemo malo više da se opustimo.

Koja je najbolja april-ska šala koju si priredio nekom prijatelju i kako se on/ona osećao/la posle toga?

Priredio sam prijatelju aprilsku šalu, tako što sam mu rekao da dođe u sobu, i na vratima je bila okačena folija sa šlagom. To je bilo zanimljivo i jako smo se nasmejali.

Da li si ikada naseo na "aprilsku šalu" i kako si se osećao nakon što si shvatio da je bila šala?

Da, jesam. Jednom sam poverovao u lažnu vest koja je bila deo prvoaprilskih šala. Isprva osećao sam se zbunjeno, ali kad sam shvatio da je samo šala, nasmejao sam se i pomislio koliko je to bilo zabavno.

What do you think about April Fools' Day?

I think April Fools' Day is a fun day that provides an opportunity for a bit of joking and laughter. We can always joke around, but on that day somehow we can relax a little bit more.

What's the best April Fools' prank you've played on a friend and how did he/she feel afterwards?

I played an April Fools' joke on my friend by telling him to come into the room, and there was a sheet of foil full of whipped cream hanging above the door. That was interesting and we laughed a lot.

Have you ever fallen for an "April Fools' joke" and how did you feel after you realized it was a joke?

Yes I have. I once believed a fake news that was part of an April Fools' joke. At first I felt confused, but when I realized it was just a joke, I laughed and thought how much fun it was.



KONSTANTIN RAŠIĆ



Šta mislite o Prvom aprilu?

Prvi april je svetski dan šale. Ja mislim da tog dana svi treba da se šale i da se zabavljaju. Taj dan može da bude veoma interesantan i zanimljiv.

Koja je najbolja april-ska šala koju si priredio nekom prijatelju i kako se on/ona osećao/la posle toga?

Bilo je to kada smo drugaru rekli da je dobio neku nagradu u igrici, koju nas trojica zajedno igramo. On se veoma obradovao ali kada smo mu rekli da smo se šalili, malo je i bio razočaran.

Da li si ikada naseo na "aprilsku šalu" i kako si se osećao nakon što si shvatio da je bila šala?

Mislim da nisam do sada nikada naseo na neku šalu. Tako da, kada se prisetim, jeste bilo nekih šala, ali oni nisu baš bile povezane sa Prvim aprilom.

What do you think about April Fools' Day?

April Fools' Day is an international day of jokes. I think that on that day everyone should joke and have fun. That day can be very interesting and amusing.

What's the best April Fools' prank you've played on a friend and how did he/she feel afterwards?

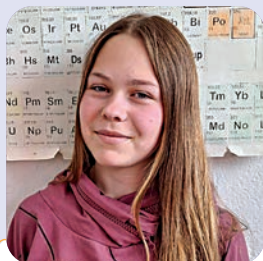
It was a day we told our friend that he won some prize in a game that the three of us play together. He was very happy, but when we told him that we were joking, he was a little disappointed.

Have you ever fallen for an "April Fool's joke" and how did you feel after you realized it was a joke?

I don't think I've ever fallen for a joke so far. But, when I think back, there were some jokes, but they weren't really related to April Fools' Day.

Molimo vas šalžite vaša razmišljanja o Prvom aprilu na email: magazineforyou2003@gmail.com

What's your opinion on April Fool's pranks?



MILANKA TOMAŠEVIĆ



Šta mislite o Prvom aprilu?

Za mene lično, Prvi april je mnogo zanimljiv dan. To je dan kada mogu da se šalim i da zbijam šale sa svojim najbližima. Mene to čini srećnom.

Koja je najbolja april-ska šala koju si priredila nekom prijatelju i kako se on/a osećao/la posle toga?

Najbolju šalu sam priredila drugu prošle godine za Prvi april jer tog dana nije bio u školi, a tada smo trebali da dobijemo ocene. Ja sam mu rekla da je dobio jedinicu, a on je to shvatio ozbiljno. Međutim kada sam mu rekla da sam se šalila, on se smejao mnogo i bilo mu je zanimljivo.

Da li si ikada nasela na "aprilsku šalu" i kako si se osećala nakon što si shvatila da je bila šala?

Jesam. Ja sam nasela sam na šalu svoje majke. Moram da priznam, da mi je to tada bilo veoma smešno i da sam se osećala čudno posle te šale.

What do you think about April Fools' Day?

For me personally, April Fools' Day is a very interesting day. It is a day when I can joke and play pranks with my loved ones. It makes me happy.

What's the best April Fools' prank you've played on a friend and how did he/she feel afterwards?

The best prank I made was to one my friends for April Fools' Day last year, because he wasn't in school that day, and that's when we were supposed to get grades. I told him he got "F", and he took it seriously. However, when I told him that I was joking, he laughed a lot and found it interesting.

Have you ever fallen for an "April Fools' joke" and how did you feel after you realized it was a joke?

I have. I have fallen for my mother's joke. I have to admit that it was very funny to me at the time and I felt strange after that joke.



LUKA PILIPOVIĆ



Šta mislite o Prvom aprilu?

To je dan koji se tradicionalno vezuje za šalu i smeh. Tada obično možemo da se našalimo sa drugarima ili da se drugari našale sa nama.

Koja je najbolja april-ska šala koju si priredila nekom prijatelju i kako se on/a osećao/la posle toga?

Ja sam na mom telefonu instalirao aplikaciju za daljinski upravljač i kada je moj mlađi brat hteo nešto da pogleda na televizoru, ja sam preko telefona menjao kanale. Bilo nam je smešno i njemu i meni.

Da li si ikada naseo na "aprilsku šalu" i kako si se osećao nakon što si shvatio da je bila šala?

Jesam. Moja mama je ostavila na stolu u kuhinji kutiju čokolade i rekla mi slobodno se poslužiti. Kada sam otvorio kutiju bila je prazna. Meni je to bilo veoma smešno.

What do you think about April Fools' Day?

It is a day traditionally associated with jokes and laughter. On that day we can usually joke with our friends or our friends can joke with us.

What's the best April Fools' prank you've played on a friend and how did he/she feel afterwards?

I installed a remote control application on my phone and when my younger brother wanted to watch something on the TV, I changed the channels with the phone. It was funny to both him and me.

Have you ever fallen for an "April Fools' joke" and how did you feel after you realized it was a joke?

Yes I have. My mom left a box of chocolates on the kitchen table and told me to help myself. When I opened the box it was empty. I found it very funny.

Please send us your thoughts on April Fool's pranks at this email: magazineforyou2003@gmail.com

TINEJDŽERI I ZDRAVA HRANA!

Pored svih problema koje tinejdžeri svakodnevno doživljavaju usled hormonalnih promena u telu, vrlo često se javljaju i problemi sa ishranom. Danas sa drastično ubrzanim tempom života nastaju mnoge bolesti uzrokovane nepravilnom ishranom među kojima je gojaznost na prvom mestu. Ovaj problem posebno pogađa vas tinejdžere, koji ste uzrasta između 14 i 18 godina.



Jako je bitno, ako ne i od ključne važnosti da se edukujete i maksimalno uključite u planiranje svoje ishrane, kao i da se upoznate sa štetnim posledicama brze hrane, koju vi



prosto OBOŽAVATE. Jedan od svakako najboljih načina da se zaštitite od unosa „praznih“ kalorija jeste da imate hranu koju ćete nositi od kuće.

Pored toga neophodno je pridržavati se sledećih pravila:

1. Prvo i osnovno - trebate biti pažljivi sa dijetama koje se odnose na gubitak težine a koje dolaze iz časopisa, sa interneta i raznih društvenih grupa, i ne trebate da ih koristite pre nego što proverite sve njihove efekte i rizike. U ovom periodu telo raste i razvija se, dešavaju se biološke promene i sve to zahteva unos kvalitetne hrane bogate proteinima, mineralima i vitaminima. Ukoliko je hrana oskudna i siromašna

hranljivim materijama može doći do slabijeg razvoja koštano-zglobnog sistema, mišićnog sistema itd.

2. Ukoliko postoji gojaznost, neophodno je da se prvo obratite svom pedijatru, koji će vas pregledati i uputiti na dalje konsultacije. Nekad je potrebno i da se obratite endokrinologu ili nekom drugom stručnjaku, zatim nutricionisti koji će napraviti plan i program pravilne ishrane koji će zadovoljiti sve potrebe organizma i edukovati vas kako da pripremate obroke, kako da kombinujete namirnice, kako da zamenite nezdrave zdravim namirnicama.

3. Fizička aktivnost - Podjednako bitna, kao i ishrana. Bilo kakva aktivnost je dobrodošla - plivanje, šetnja, trčanje, brzo hodanje, vožnja rolera, redovni časovi fizičke aktivnosti u školi - nikako ih ne izbegavajte jer vam mogu doneti samo dobro!

Pravila u SVAKODNEVNOJ ishrani:
- **Preporučuje se 5 manjih obroka dnevno** - doručak, ručak, večera i dve užine između obroka.

- **OBAVEZAN JE jedan kuvani obrok kod kuće** - šta god da mama ili neko drugi pripremi - boraniju, grašak, pasulj, čorbe, supe, musake, sarme...

- **Užine treba da budu voćne** - sveže ili ceđeno voće, neki šejk, salata, voćni jogurt, suvo voće, jezgrasto voće

- **Uz sve to piti dosta tečnosti, pre svega VODE**

Koje namirnice da konzumirate svakodnevno?

- **Žitarice** - sve vrste integralnih žitarica - od njih praviti kaše, hlebove, zdrave grickalice, kolače, palačinke.



Koristiti ih kao prilog uz neko povrće, salatu...

- **Mlečni proizvodi** - mladi sir, kefir, jogurt, kiselo mleko, maslac

Šta izbegavati ili ne koristiti uopšte?

Slatkiše iz prodavnice, gazirane sokove, sokove iz tetrapaka, testa, pekarske proizvode, fast food, razne prelive i namaze kao što su majonez, kečap... Sve navedeno može da se napravi u zdravijoj i domaćoj varijanti uz malo truda i mašte. Industrijske slatkiše zamenite domaćim uz sastojke koje volite - crna čokolada, neko voće, bademi, lešnik, kokos, rogač, kakao, cimet... Slane grickalice poput čipsa, smokija zamenite domaćim krekerima, štapićima... Sve ovo se brzo priprema, samo je potrebno malo dobre volje.



- **Meso, ribu, jaja** - mesa kao što su pileтина, ćuretina, junetina, riba bar tri puta nedeljno. Ovde je najbitnije da je meso domaće i da se obrati pažnja na pripremu - bez prženja u dubokoj masnoći.

- **Povrće** - sve vrste svežeg sezonskog povrća, uz svaki obrok svežu salatu, povrće koje se kuva kratko termički obrađivati, svega nekoliko minuta kao što je npr. brokoli. Svakodnevno unositi što više boja - zeleno, žuto, narandžasto, crveno povrće.

- **Voće** - isto kao i povrće, sveže, u vidu sokova, salata, koristiti jezgrasto ili suvo voće umesto grickalica i slatkiša, a veštačke sokove zameniti prirodnim ceđenim.

- **Šećer i koncentрати** - med za čaj ili neki šejk, možda neki zdraviji kolač...

TEENAGERS AND HEALTHY FOOD!

In addition to all the problems that teenagers experience on a daily basis due to hormonal changes in the body, problems with nutrition are also very common. In today's world, where life has accelerated dramatically, many diseases are caused by poor nutrition, with obesity being the most common cause. This problem mainly affects you as a teenager between the ages of 14 and 18.

It is very important, if not crucial, that you inform yourself and get as involved as possible in planning your diet. You should also familiarise yourself with the harmful effects of fast food that you simply LOVE. One of the best ways to protect yourself from eating "empty" calories is to bring food from home.

It is also necessary to observe the following rules:

1. First and foremost, you should be careful with weight loss diets from magazines, the internet and various social groups and you should not use them without confirming all their effects and risks. Moreover during this period, your body is growing and developing, biological changes are taking place, and all this requires the intake of high-quality food rich in proteins, minerals and vitamins. If food is scarce and low in nutrients, this can lead to weaker development of the bone-joint system, muscles, etc.

2. If you are obese, you should first consult your paediatrician, who will examine you and refer you to further advice. Sometimes it is also necessary to consult an endocrinologist or other expert, then a nutritionist who will draw up a plan and programme for proper nutrition that meets all the body's needs and educate you on how to prepare meals, how to combine foods, how to replace unhealthy foods with healthy ones.

3. Physical activity - Just as important as diet. Any activity is welcome - swimming, walking, running, brisk walking, inline skating, regular physical education at school - do not avoid it, because it can only do you good!

Rules for the DAILY diet:

- **5 smaller meals are recommended** - breakfast, lunch, dinner and two snacks between the said meals.

- **One cooked meal at home is desirable** - whatever mum or someone else prepares - green beans, peas, beans, stews, soups, moussaka, sarma, fish...

- **Snacks should consist of fruits or vegetables** - fresh or pressed fruit, a shake, salad, fruit yoghurt, dried fruit, nuts

- **Also drink plenty of fluids, especially WATER**

Which foods you should eat every day?

- **Cereals** - all types of wholemeal - use it for porridge, bread, healthy snacks, cakes,

What should you avoid or not use at all?

Sweets from the shop, fizzy drinks, juices from tetra packs, dough, baked goods, fast food, various toppings and spreads such as mayonnaise, ketchup... All of these can be prepared in a healthier and homemade version with a little effort and imagination. Replace industrial sweets with homemade ones with the ingredients you like - dark chocolate, some fruit, almonds, hazelnuts, coconut, cocoa, cinnamon... Replace savoury snacks such as fries and chips with homemade crackers and sticks. All this is quick to prepare, all you need is a little good will.

pancakes. Use them as a side dish with some vegetables, salad...

- **Dairy products young cheese, kefir, yoghurt, sour milk, butter**

- **Meat, fish, eggs** - meat such as chicken, turkey, beef, fish at least three times a week. The most important thing is that the meat is home cooked and that it is not deep-fried in fat.

- **Vegetables** - all kinds of fresh seasonal vegetables, a fresh salad with every meal, vegetables cooked only a few minutes and thermally processed, such as broccoli. Eat as many colours as possible - green, yellow, orange, red vegetables every day.

- **Fruit** - like vegetables, fresh, in the form of juices, salads, use nuts or dried fruit instead of snacks and sweets, and replace artificial juices with naturally squeezed juices.

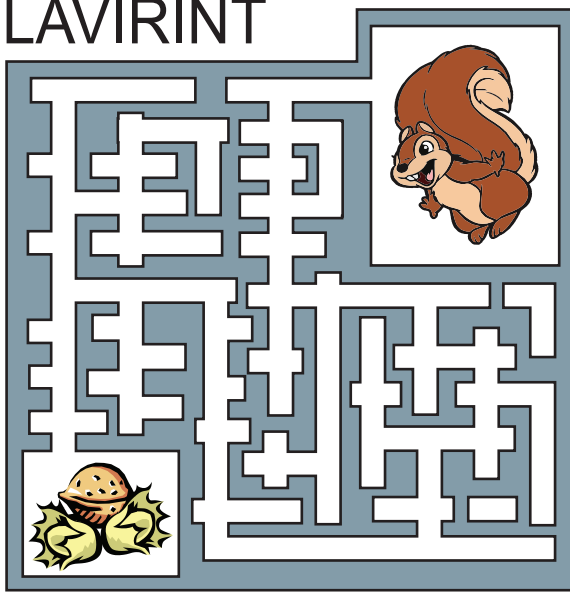
- **Sugar and concentrates** - honey for tea or a shake, perhaps a healthier cake...

SKANDI UKRŠTENICA

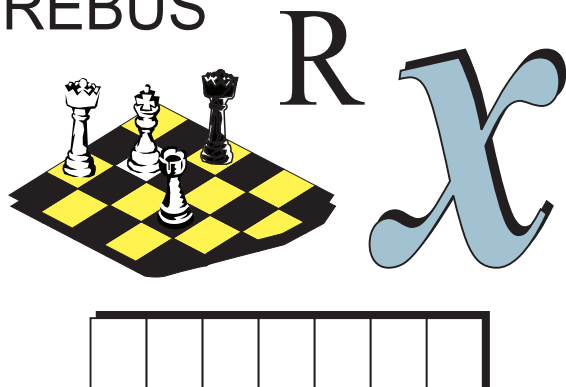
SUDOKU

	5	9		6			
			7	5		9	2
	6	2			9	4	8
				7			4
3		8	6			7	
6	7		1		4	2	3
4	9			8	3	6	1
				1	3		
2	1		9				5

LAVIRINT



REBUS



	GLUMICA NA SLICI ("OSKAR 2024")		POZNATA GLUMICA, PAPAS	SLOJ OKRUGLASTIH OBLAKA
	IZABRANA LEPO-TICA			
	UMETNO-ST (FR.)			
	"SOUTH EASTERN RAILWAY" VULKAN U ITALJI			
	"OVERSEAS ADVENTURE TRAVEL"			
	SAMO-GLASNIK		OHAJO	GRAD U PERUU
	MESTO U MAĐARSKOJ			
	HEMIJSKI SIMBOL ZA RUTENIJUM			
	DONJI DEO STOPALA (MN.)			
	KFOR	APARAT ZA SKUP-LJANJE ELEKTR. ENERGIJE	DEO TE-ČNOSTI, KAPLJICA	GLAVNI GRAD AZERBEJDŽANA
BELO (TUR.)			IZNAD, POVRH	
ČOVEK LJUDO-ŽDER				
ZAPALJENJE				URANIJUM
1000 (RIMSKI)		AMERIČKI KOŠARKAŠ RODMAN OSNOVNE VELIČINE		PRODAVAC IKONA (MN.)
PAMET, RAZUM			NEPOSRE-DNO UZ MUSLI-MANSKI POZDRAV	GRAD U BOSNI I HERCEGOVINI
ŽENSKO IME				O. B. ARAPSKI POGLA-VICA
VRSTA PAPAGA-JA (MN.)				PEVAČICA LENOKS
SIN ODISE-JA I PE-NELOPE				GRAD U ITALJI
KISEONIK HRVATSKI FUDBALER, ANDREJ		JAPANSKI REŽISER, KUROSAVA	AMPER	



Dreni



Jelena

Baštovanstvo Kopshtaria

Rečnik - Fjalor

Drveće	Drunjtë
Trava	Bari
Cveće	Lule
Bašta	Kopsht
Saksija	Vazo
Korpa	Shportë
Sadnja	Mbjell
Prostor	Hapësirë
Ruža	Trëndafil
Lala	Tulipan
Hziantema	Margarita
Zaçini	Erëza
Zaçinsko bilje	Bimë për gatim
Priroda	Natyra
Cvetanje	Lulëzim
Pažnja	Kujdes
Nega	Përkujdesje
Životni prostor	Hapësira e jetesës
Višegodišnja biljka	Bimë shumëvjeçare
Sezonska biljka (jednogodišnja)	Bimë stinore (njëvjeçare)
Drenaža	Kullim
Zelenilo	Gjelbërim



Kako ti uspeva gajenje cveća u stanu?
Si po shkon kopshtaria në banesë?



Izazovno je, ali isplativo.
Është sfiduese por shpërbllyese.



Ja sam eksperimentisao sa gajenjem različitog cveća u mom dvorištu. Unë kam eksperimentuar me lule të ndryshme në oborrin e shtëpisë sime.



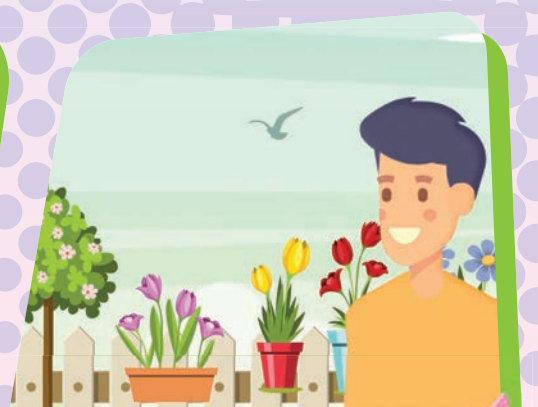
A ja sam fokusirana na cveće, pogodno za gajenje u stanu. Kurse, unë fokusohem në lule të përshtatshme për rritje në apartament.



Lule



Gajenje cveća u stanu ima svojih izazova. Rritja e luleve në apartament i ka sfidat e veta.



Zahvaljujući novim metodama naše cveće može da cveta svuda. Falë metodave të reja lulet tona mund të lulëzojnë kudo.



Did you know?

„Istina je uvek istina, čak i ako joj niko ne veruje. Laž je uvek laž, čak i ako svi u nju veruju.“ - **Nepoznati autor**